



LIAQUAT UNIVERSITY OF MEDICAL & HEALTH SCIENCES JAMSHORO

POST EVENT REPORT

HEALTH AND WELLBEING: CLEAN, GREEN
AND SMOKE FREE LUMHS

YEAR - 2023

Health and wellbeing: Clean, Green and Smoke free LUMHS Campus

LUMHS has taken a proactive stance against tobacco use, enforcing a comprehensive policy of HEC for Tobacco and smoke-free policy as mandated by the HEC. This uniform ban promotes wellness, prevents health risks, and protects individuals' wellbeing. Regular monitoring and policy updates ensure ongoing effectiveness, underscoring LUMHS's dedication to a healthy, smoke-free campus and its alignment with SDG 3.

Liaquat University of Medical and Health Sciences (LUMHS) has embarked on a comprehensive green initiative, transforming its campus into a sustainable oasis. Strategic tree planting, landscaping, and gardening efforts aim to bolster green cover, counteract air pollution, and cultivate a healthier environment. By incorporating an array of oxygen-enriching and air-purifying plant species, LUMHS enhances its aesthetic appeal while promoting improved air quality, reduced carbon emissions, and increased biodiversity. Through diligent maintenance, the university reaffirms its dedication to environmental responsibility, aligning with SDGs 11, 12, and 13.





LUMHS campus (Green & Smoke Free)





