FACULTY OF MEDICINE & ALLIED SCIENCES

Liaquat University of Medical & Health Sciences, Jamshoro

ACTIVITY REPORT

Academic Year 2025 – 2026

PROF. DR. IMRAN ALI SHAIKH

DEAN , FACULTY OF MEDICINE & ALLIED SCIENCES ,

LUMHS JAMSHORO

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BOOKS PUBLISHED BY PROF. DR. IMRAN ALI SHAIKH

Prof. Dr. Imran Ali Shaikh, Dean of the Faculty of Medicine and Allied Health Sciences, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, has authored a series of books for medical students, postgraduate trainees and practicing clinicians. The series is built on evidence, clinical experience and education, and his belief that "books build better doctors and healthier communities" runs through all of it.

BOOKS:

UNDERSTANDING DIABETES is a comprehensive guide that takes the reader from the pathophysiology of diabetes to modern management. It is written to be clear and clinically useful for those who care for patients with diabetes.

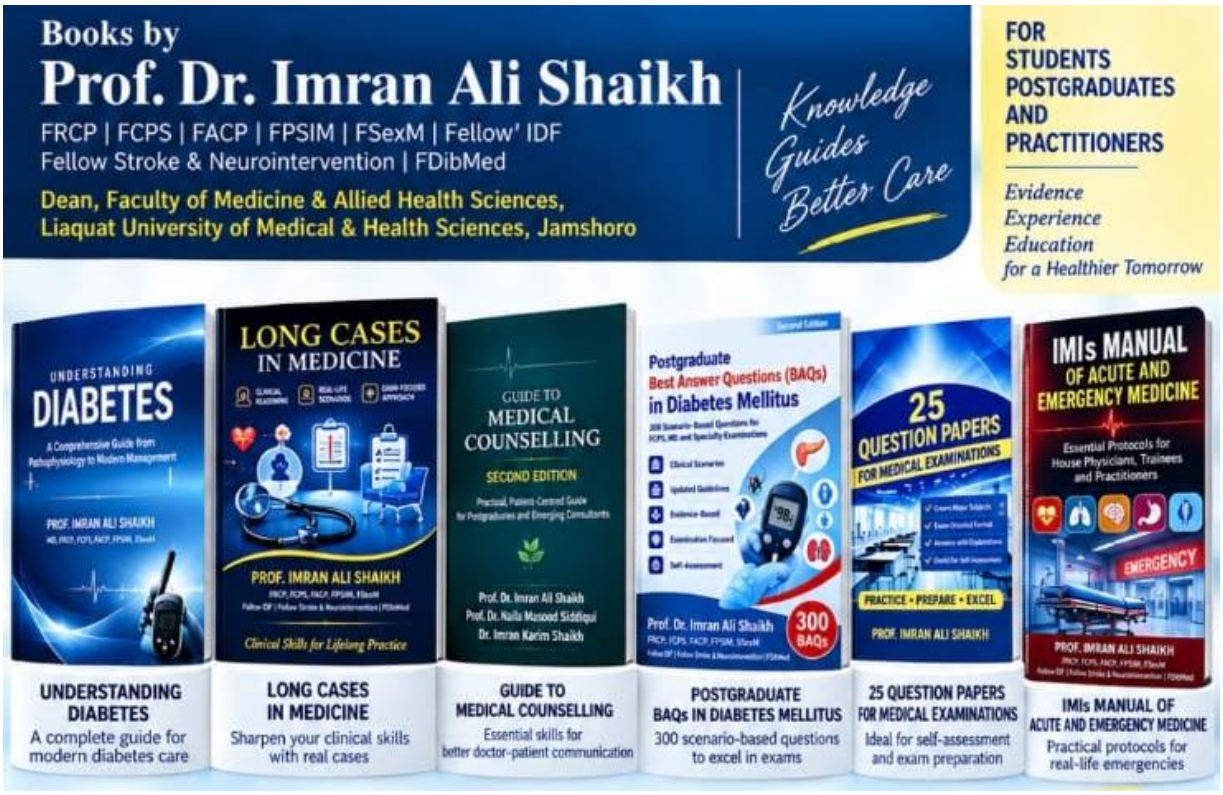
GUIDE TO MEDICAL COUNSELLING (SECOND EDITION) is a practical, patient-centred guide for postgraduates and emerging consultants. It covers the communication skills that make for better doctor-patient relationships, and was co-authored with Prof. Dr. Naila Masood Siddiqui and Dr. Imran Karim Shaikh.

LONG CASES IN MEDICINE helps trainees sharpen their clinical skills through real cases. It supports clinical reasoning and an exam-focused approach, and is meant to build skills for lifelong practice.

POSTGRADUATE BEST ANSWER QUESTIONS (BAQS) IN DIABETES MELLITUS offers 300 scenario-based questions for FCPS, MD and specialty examinations. It includes clinical scenarios, updated guidelines, evidence-based explanations and self-assessment, so candidates can prepare with confidence.

25 QUESTION PAPERS FOR MEDICAL EXAMINATIONS is aimed at self-assessment and exam preparation. Its exam-oriented format, with answers and explanations, lets students practise, prepare and excel.

IMIs Manual of Acute and Emergency Medicine gives house physicians, trainees and practitioners essential, real-life protocols for managing medical emergencies.


Books by
Prof. Dr. Imran Ali Shaikh
FRCP | FCPS | FACP | FPSIM | FSexM | Fellow' IDF
Fellow Stroke & Neurointervention | FDibMed
Dean, Faculty of Medicine & Allied Health Sciences,
Liaquat University of Medical & Health Sciences, Jamshoro
Knowledge Guides Better Care
FOR STUDENTS POSTGRADUATES AND PRACTITIONERS
Evidence
Experience
Education
for a Healthier Tomorrow
UNDERSTANDING DIABETES
A Comprehensive Guide from Pathophysiology to Modern Management
PROF. IMRAN ALI SHAIKH
LONG CASES IN MEDICINE
PROF. IMRAN ALI SHAIKH
Clinical Skills for Lifelong Practice
GUIDE TO MEDICAL COUNSELLING
SECOND EDITION
Prof. Dr. Imran Ali Shaikh
Prof. Dr. Naila Masood Siddiqui
Dr. Imran Karim Shaikh
Postgraduate Best Answer Questions (BAQs) in Diabetes Mellitus
Prof. Dr. Imran Ali Shaikh
300 BAQs
25 QUESTION PAPERS FOR MEDICAL EXAMINATIONS
PRACTICE • PREPARE • EXCEL
PROF. IMRAN ALI SHAIKH
IMIs MANUAL OF ACUTE AND EMERGENCY MEDICINE
Essential Protocols for House Physicians, Trainees and Practitioners
EMERGENCY
PROF. IMRAN ALI SHAIKH
UNDERSTANDING DIABETES
A complete guide for modern diabetes care
LONG CASES IN MEDICINE
Sharpen your clinical skills with real cases
GUIDE TO MEDICAL COUNSELLING
Essential skills for better doctor-patient communication
POSTGRADUATE BAQs IN DIABETES MELLITUS
300 scenario-based questions to excel in exams
25 QUESTION PAPERS FOR MEDICAL EXAMINATIONS
Ideal for self-assessment and exam preparation
IMIs MANUAL OF ACUTE AND EMERGENCY MEDICINE
Practical protocols for real-life emergencies

AWARDS & CERTIFICATES (PROF. DR. IMRAN ALI SHAIKH)

Academic & Professional Recognitions (2025–2026)

1. Professional Memberships & International Affiliations

- **European Society for Sexual Medicine (ESSM) — Membership Certificate (2026):**
    - Awarded official active membership in the **European Society for Sexual Medicine** for the year **2026**, recognizing ongoing international engagement and specialized practice in sexual medicine and healthcare.
- **American Association of Clinical Endocrinology (AACE) — Professional Affiliation:**
    - Active membership and participation in the **AACE Community**, reflecting sustained contributions toward elevating clinical endocrinology standards and global healthcare outcomes.

2. Clinical Fellowships & Specialization Courses

- **Fellowship in Sexual Medicine — Master Health Pro (mhpro+) (September 6, 2025):**
    - Successfully completed the specialized **Fellowship Course in Sexual Medicine**, earning **54 Continuing Professional Development (CPD) Hours**.
    - Course certified by **Master Health Pro** in association with the **The CPD Standards Office (UK)**, **Academy for Men's Health Singapore**, and the **South Asian Society for Sexual Medicine (SASSM)**.
- **Geriatrics Certification Course 2025 — APPNA Academy (February 1, 2026):**
    - Awarded the **Certificate of Completion** for the *"Geriatrics Certification Course 2025 – Core Principles for Primary Care Providers"*.
    - Conducted by the **APPNA Academy (Association of Physicians of Pakistani Descent of North America)** under the MERIT initiative, awarding **16 credit hours**.

3. Institutional Leadership, Quality Assurance & Medical Education

- **Master Trainer & Inspector — Pakistan Medical & Dental Council (PM&DC) (December 9–11, 2025):**
    - Recognized for valuable contributions in training medical inspectors on the accreditation standards for Medical and Dental Colleges during the **PM&DC Master Trainers Workshop** held in Islamabad.
- **Institutional Leadership in Quality Assurance — LUMHS, Jamshoro (November 19, 2025):**

- Served as **Director, Quality Assurance (QA)** and leader for the *"Seminar on Students in Institutional Quality Assurance for Students"* at Liaquat University of Medical & Health Sciences (LUMHS) and affiliated colleges.

4. Specialized Training & Continuing Medical Education

- **Dark Psychology & Manipulation Techniques — CLMS (September 8, 2025):**
  - Completed the 15-module certification in *"Subliminal Psychology & Manipulation Techniques"* organized by the **Centre for Leadership & Modern Skills (CLMS)**, focusing on behavioral influence and psychological dynamics.
- **ADA 86th Scientific Sessions On-Demand — American Diabetes Association (July 12, 2026):**
  - Awarded Certificates of Completion for **40.5 CME Credit/Contact Hours** and **35.5 COP Hours** by the **American Diabetes Association (ADA)** following the 86th Scientific Sessions.



BOARD OF FACULTY

Activity Details	
Department/Section	Medicine & Allied Science
Activity Title	Board of Faculty
Venue	MRC Hall, LUMHS Jamshoro
Date(s) of Activity	14th January 2026
Organized By	Faculty of Medicine & Allied LUMHS
Brief Description	The Board of Faculty meeting was held on January 14, 2026, under the chairmanship of Prof. Dr. Imran Ali Shaikh. The meeting reviewed academic, administrative, and departmental matters, including curriculum development and approval procedures. Members discussed essential medicine delays, internet issues, HDU establishment, and strengthening specialized clinical services. Departments presented their achievements, challenges, and future plans, with emphasis on proper documentation and timely submission of working papers. The Board also discussed expansion of Gastroenterology, establishment of a Stroke Unit, and administrative support for Paediatrics. A mandatory Supervisory Workshop and improved departmental portfolios were emphasized. The Board unanimously approved revised undergraduate and postgraduate curricula, including various MD and diploma programs.



Photographs/Evidence





WORKSHOP ON "BASICS OF BIOSTATISTICS AND DATA ANALYSIS USING SPSS"

Activity Details	
Department/Section	Medicine & Allied Science
Activity Title	Basics of Biostatistics and Data Analysis Using SPSS
Venue	February 12, 2026
Date(s) of Activity	Basic of Biostatistics and data analysis using SPSC
Organized By	Medicine & Allied Science
Brief Description	A workshop titled "Basics of Biostatistics and Data Analysis Using SPSS" was held on February 12, 2026, at LUMHS Jamshoro on the directive of the Vice Chancellor. The workshop aimed to enhance faculty members' research, biostatistics, and data analysis skills. The session was organized by the Collaborative Workshop Committee and attended by faculty members. Prof. Dr. Imran Ali Shaikh, Dean, Faculty of Medicine & Allied Sciences, graced the event as Guest of Honor. Dr. Imtiaz Ahmed conducted the interactive session on biostatistics, research methodology, and SPSS. Participants learned hypothesis testing, variables, statistical tests, data entry, and preparation of graphs and charts. The workshop promoted evidence-based research and strengthened research capacity within the institution.
Photographs/Evidence	


Workshop on
Introduction To
Biostatistics & Data
Analysis Using SPSS


Hierarchy of Study Types

AWARENESS SESSION ON TOBACCO USAGE

Activity Details	
Department/Section	Medicine & Allied Science
Activity Title	Awareness Session On Tobacco Usage
Venue	LUMHS Radio Fm 96.0
Date(s) of Activity	6 November 2025
Organized By	Medicine & Allied Science
Brief Description	An awareness session on tobacco use, its harmful effects, and treatment options was conducted on LUMHS Radio FM 96.0 on 6 November 2025. The session was led by faculty members from Medicine, Student Affairs, and Psychiatry. The speakers discussed smoking prevalence, nicotine, and causes contributing to tobacco use. The physical and mental health effects of smoking were highlighted. Treatment options and available services for tobacco dependence were also discussed. The session highlighted LUMHS initiatives to achieve its vision of a Smoke-Free University.

Photograph/Evidence



PRE-CONFERENCE WORKSHOP ON "AI-POWERED DATA VISUALIZATION WITH MICROSOFT POWER BI"

Activity Details	
Department/Section	Faculty of Medicine and Allied, LUMHS
Activity Title	Pre-conference Workshop
Venue	MRC Hall, LUMHS, Jamshoro
Date(s) of Activity	21 August 2026
Organized By	Faculty of Medicine and Allied Sciences, LUMHS
Brief Description	As part of MURC 2026, a pre-conference workshop titled **"AI-Powered Data Visualization with Microsoft Power BI"** was held on 21st August 2026 at MRC Hall, Liaquat University of Medical and Health Sciences (LUMHS). The workshop aimed to introduce participants to modern data visualization techniques and demonstrate the potential of Microsoft Power BI, supported by artificial intelligence (AI), in transforming complex datasets into meaningful and actionable insights. The session was facilitated by **Mr. Khalid Ahmed, Adjunct Professor and Founding Member of ASPIRE Canada**, who shared his knowledge and expertise in data visualization and the practical application of Power BI. The workshop highlighted the importance of effective data presentation, dashboard development, and the use of interactive visualizations to support academic, clinical, administrative, and research activities. The workshop was organized under the guidance and leadership of **Prof. Imran Ali Shaikh, Dean, Medicine & Allied Sciences; Prof. Nusrat Nisar, Head of the Department of Gynaecology and Obstetrics; and Dr. Shazma Khalil, IT, LUMHS**. Their efforts reflected the university's commitment to promoting digital literacy, technological innovation, and the integration of emerging technologies into healthcare education and research. The hands-on and practical focus of the workshop encouraged participants to explore how data can be presented in a clear, accessible, and meaningful manner. Participants were encouraged to practice with their own datasets, develop interactive dashboards, and use visual insights to improve understanding and support evidence-based decision-making. The workshop served as a valuable learning opportunity, emphasizing that effective data visualization is not merely about presenting figures and charts, but about communicating information in ways that facilitate understanding, reveal patterns, and support informed decisions. It also reinforced the growing

	importance of AI-powered tools in modern academic and professional environments. The event concluded with appreciation for the facilitator, organizers, and participants for their contributions to this educational initiative. The workshop marked a positive step towards strengthening digital competencies and encouraging the effective use of data-driven technologies at LUMHS. **Through initiatives such as this, LUMHS continues to encourage innovation, lifelong learning, and the adoption of emerging technologies to advance healthcare education, research, and institutional development.**

Photograph/Evidence







AI IN RESEARCH FOR UNDERGRADUATES (MBBS & BDS)

Activity Details	
Department/Section	LUMHS, Jamshoro
Activity Title	AI in Research for Undergraduates (MBBS & BDS)
Venue	Online (Live Instructor-Led Sessions)
Date(s) of Activity	01 August – 31 August 2026
Organized By	LUMHS, Jamshoro
Brief Description	A free, instructor-led online training program for LUMHS undergraduate MBBS and BDS students, organized as an Independence Month Special. The program includes 2 credit hours, 6 live interactive online sessions, hands-on training with AI research tools, an AI toolkit with ready-to-use templates, and a certificate awarded upon successful completion of the examination.
Photograph/Evidence	







WORLD HEPATITIS DAY – AWARENESS PROGRAM: "HEPATITIS: LET'S BREAK IT DOWN"

Activity Details	
Department/Section	Department of Gastroenterology, LUMHS, Jamshoro
Activity Title	World Hepatitis Day – Awareness Program: "Hepatitis: Let's Break It Down"
Venue	Gastroenterology Department, LUMHS, Jamshoro
Date(s) of Activity	28 July 2026 (Tuesday)
Organized By	Department of Gastroenterology, LUMHS, Jamshoro
Brief Description	An awareness program organized to commemorate World Hepatitis Day and promote public awareness about hepatitis prevention, early diagnosis, treatment, and control. The event aimed to educate participants about hepatitis and encourage collective action towards a hepatitis-free future. The program was convened by Dr. Muhammad Akram Bajwa, Associate Professor and Head of the Department of Gastroenterology, LUMHS, Jamshoro. Prof. Dr. Ikram Din Ujjan, Vice Chancellor of LUMHS, attended as Chief Guest, while Prof. Imran Shaikh, Dean, Faculty of Medicine and Allied Sciences, attended as Guest of Honor. The event was held from 11:00 AM to 12:00 PM.
Photograph/Evidence	

LIAQUAT UNIVERSITY
OF MEDICAL & HEALTH SCIENCES
JAMSHORO, SINDH – PAKISTAN

SAY NO TO CORRUPTION

You are Cordially Invited

to

WORLD HEPATITIS DAY



AWARENESS PROGRAM

"Hepatitis: Let's Break It Down"

CHIEF GUEST



Prof. Dr. Ikram Din Ujjan
Vice Chancellor
LUMHS, Jamshoro

GUEST OF HONOR



Prof. Imran Shaikh
Dean
Faculty of Medicine & Allied Sciences
LUMHS, Jamshoro

PROGRAM CONVENER

Dr. Muhammad Akram Bajwa
Associate Professor & Head of Department
Gastroenterology
LUMHS, Jamshoro

DATE	TIME	VENUE
28 July 2026 (Tuesday)	11:00 AM to 12:00 PM	Gastroenterology Department LUMHS, Jamshoro

Join us in spreading awareness and taking action towards a Hepatitis-free future.

TOGETHER, WE CAN ELIMINATE HEPATITIS

WORLD HEPATITIS DAY

11TH ANNUAL ACTIVITY - DIABETES & RAMADAN SYMPOSIUM: RECENT UPDATES 2025

Activity Details	
Department/Section	Faculty of Medicine & Allied Sciences, LUMHS, Jamshoro
Activity Title	11th Annual Activity - Diabetes & Ramadan Symposium: Recent Updates 2025
Venue	MRC Lecture Hall, Jamshoro
Date(s) of Activity	Thursday, February 20, 2025
Organized By	LUMHS, Pakistan Society of Internal Medicine (PSIM), Ramadan Hajj Study Group Pakistan, and Diabetes & Ramadan International Alliance (DaR) *(In collaboration with Barrett Hodgson Pakistan (Pvt) Ltd)*
Brief Description	An academic and medical symposium organized to discuss updated guidelines and clinical practices for managing diabetes during the holy month of Ramadan. The event featured **Prof. Dr. Ikram Din Ujjan** (Vice Chancellor, LUMHS) as the Chief Guest and **Prof. Dr. Moin Ansari** (Dean, Faculty of Medicine & Allied Sciences) as the Guest of Honour. Keynote presentations were delivered by renowned medical experts, dietitians, and religious scholars (including Prof. Yakoob Ahmedani, Prof. M. Zaman Shaikh, Maria Aamir, and Mufti Farrukh Ahmed) focusing on patient care, nutrition, and medical-religious guidelines. Senior faculty members also contributed as panelists and organizers.
Photograph/Evidence	

رمضان کریم

Ramadan Kareem

11th Annual Activity

DIABETES & RAMADAN

Symposium: Recent Updates 2025

Thursday
February 20, 2025

MRC Lecture Hall
Jamshoro

PENALIST



Prof. Dr. M. Iqbal Shah
Chairman, Department of Medicine



Prof. Dr. Abdul Haque Khan
Incharge, Medical Unit - III



Prof. Dr. Santosh Kumar
Incharge, Medical Unit - IV



Dr. Kanwal Abbas Bhatti
Director Sindh Intitute of diabetes
and endocrinology LUMHS

CHIEF GUEST



Prof. Dr. Ikram Din Ujjan
Vice Chancellor
Liaquat University of Medical & Health Sciences,
Jamshoro

GUEST OF HONOUR



Prof. Dr. Moin Ansari
Dean
Faculty of Medicine & Allied Sciences

SPEAKERS



Prof. Yakoob Ahmedani
Consultant Diabetologist
Tabba Heart Institute Karachi
Chairman Ramadan and
Hajj Study Group of Pakistan



Prof. M. Zaman Shaikh
Professor of Medicine and HOD,
Sir Syed Medical College, Director,
Sir Syed Institute of Diabetes
and Endocrinology,



Maria Aamir
Consultant Dietitian
HOD, Nutrition & Dietetics,
Tabba Kidney and
Tabba Heart Institute Karachi



Mufti Farrukh Ahmed
Consultant Diabetes Educator
Shariah Advisor Health Promotion
Foundation Pakistan

ORGANISERS



Prof. Imran Ali Shaikh

Dr. Tariq Zaffar Shaikh
Dr. Abdul Ghaffar Dars
Dr. Imran Karim Shaikh
Dr. Kamran Ali Qureshi
Dr. Sheeba Faryal
Dr. Sohail Ahmed

MODERATOR

Dr. Faiza Aslam
Dr. Sobia Karamullah

Barrett Hodgson Pakistan (Pvt) Ltd

DIABETES 360° WELLNESS 2026: SUGAR | WEIGHT | WELLBEING (CME PROGRAM)

Activity Details	
Department/Section	Faculty of Medicine & Allied Sciences
Activity Title	Diabetes 360° Wellness 2026: Sugar | Weight | Wellbeing (CME Program)
Venue	Expo Centre, Karachi
Date(s) of Activity	Thursday, September 10, 2026
Organized By	Faculty of Medicine & Allied Sciences at Health Asia
Brief Description	A Continuing Medical Education (CME) academic program focused on comprehensive management of diabetes, weight management, and general wellbeing. The session features talks on key clinical topics, including: • **Type 2 Diabetes in Adolescents and Young Adults** by Dr. M. Saleem Khan (Assistant Professor & HOD, LUMHS) • **ADA Type 2 DM Risk Assessment Tool** by Prof. Dr. Santosh Kumar (Chairman, Dept. of Medicine, LUMHS) • **Obesity & Diabetes: Breaking the Dangerous Cycle** by Prof. Dr. Imran A. Sheikh (Dean of Medicine & Allied, LUMHS) The session also includes an interactive panel discussion, Q&A segment, and closing remarks.
Photograph/Evidence	

Organized by:
LIAQUAT UNIVERSITY OF MEDICAL & HEALTH SCIENCES

ufi Approved Event
Health Asia
INTERNATIONAL EXHIBITION & CONFERENCES
www.health-asia.com

DIABETES 360° WELLNESS 2026

SUGAR | WEIGHT | WELLBEING

CME PROGRAM

TIME	TOPIC	SPEAKER
02:00 – 02:10 PM	Welcome and Introduction	
02:10 – 02:40 PM	Type 2 Diabetes in Adolescents and Young Adults: A Growing Clinical Challenge	**Dr. M. Saleem Khan** Assistant Professor & Head of Department (LUMHS) Jamshoro
02:40 – 03:10 PM	Act early on diabetes" with American Diabetes Association Type 2 DM Risk Assessment Tool	**Prof. Dr. Santosh Kumar** Chairman, Department of Medicine LUMHS, Jamshoro
03:10 – 03:40 PM	Obesity & Diabetes: Breaking the Dangerous Cycle	**Prof. Dr. Imram A. Sheikh** Dean of Medicine & Allied LUMHS, Jamshoro
03:40 – 04:00 PM	Panel Discussion & Q&A	All Faculty
04:00 – 04:10 PM	Closing Remarks	Organizing Team



SPEAKER
DR. M. SALEEM KHAN
Assistant Professor & Head of Department (LUMHS) Jamshoro.

Type 2 Diabetes in Adolescents and Young Adults: A Growing Clinical Challenge



SPEAKER
PROF. DR.SANTOSH KUMAR
Chairman, Department of Medicine LUMHS, Jamshoro.

Act early on diabetes" with American Diabetes Association Type 2 DM Risk Assessment Tool



SPEAKER
PROF. DR IMRAM A. SHEIKH
Dean of Medicine & Allied LUMHS, Jamshoro.

Obesity & Diabetes: Breaking the Dangerous Cycle

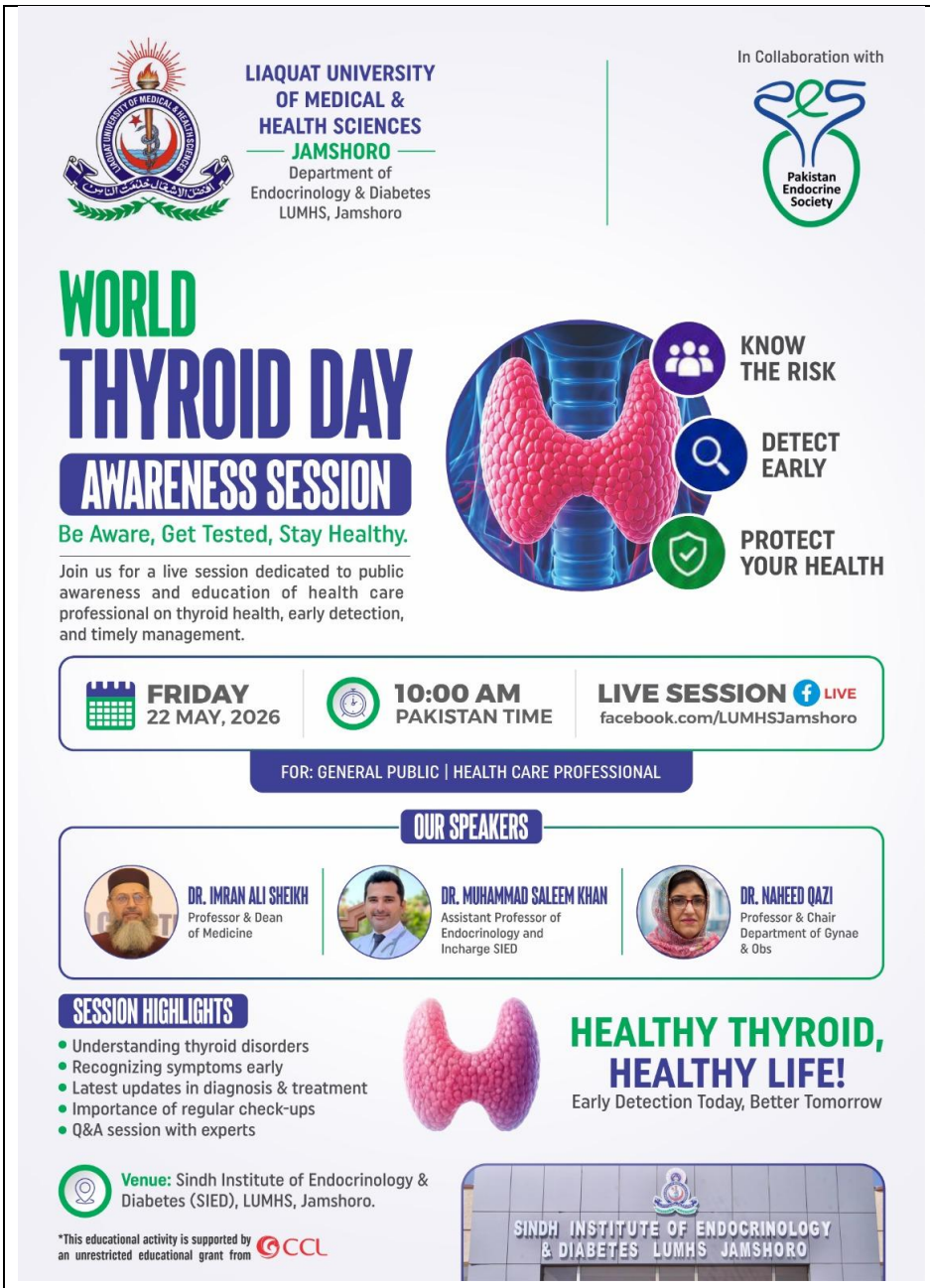
10 THURSDAY SEPTEMBER 2026

02:00 PM to 05:00 PM

EXPO CENTRE KARACHI

WORLD THYROID DAY 2026 – AWARENESS SESSION

Activity Details	
Department/Section	Department of Endocrinology & Diabetes
Activity Title	World Thyroid Day
Venue	SIED JAMSHORO
Date(s) of Activity	22ND MAY 2026
Organized By	Department of Endocrinology & Diabetes
Brief Description	The Department of Endocrinology & Diabetes, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, organized a World Thyroid Day Awareness Session on **22 May 2026** at the Sindh Institute of Endocrinology & Diabetes (SIED), LUMHS, Jamshoro. The session aimed to raise awareness about thyroid disorders, their early identification, timely diagnosis, and appropriate treatment. The program highlighted the importance of public awareness, regular health check-ups, and timely thyroid testing to promote better health outcomes. The session featured distinguished speakers, including **Prof. Imran Ali Shaikh**, Professor and Dean; **Dr. Muhammad Saleem Khan**, Incharge and Assistant Professor at SIED, LUMHS Jamshoro; and **Dr. Naheed Qazi**, Chairperson, Department of Gynaecology and Obstetrics. The speakers shared their expertise and emphasized the significance of recognizing thyroid-related health issues and seeking timely medical advice. A number of members of the general public and healthcare professionals participated in the awareness session, demonstrating a shared commitment to improving thyroid health awareness and promoting preventive healthcare. The event reinforced the message of World Thyroid Day: **"Be Aware, Get Tested, Stay Healthy,"** encouraging individuals to take an active role in their health through awareness, early detection, and appropriate medical care.
Photograph/Evidence	


LIAQUAT UNIVERSITY OF MEDICAL & HEALTH SCIENCES
JAMSHORO
Department of Endocrinology & Diabetes LUMHS, Jamshoro
In Collaboration with
Pakistan Endocrine Society
WORLD THYROID DAY
AWARENESS SESSION
Be Aware, Get Tested, Stay Healthy.
Join us for a live session dedicated to public awareness and education of health care professional on thyroid health, early detection, and timely management.
KNOW THE RISK
DETECT EARLY
PROTECT YOUR HEALTH
FRIDAY
22 MAY, 2026
10:00 AM
PAKISTAN TIME
LIVE SESSION LIVE
facebook.com/LUMHSJamshoro
FOR: GENERAL PUBLIC | HEALTH CARE PROFESSIONAL
OUR SPEAKERS
DR. IMRAN ALI SHEIKH
Professor & Dean of Medicine
DR. MUHAMMAD SALEEM KHAN
Assistant Professor of Endocrinology and Incharge SIED
DR. NAHEED QAZI
Professor & Chair Department of Gynae & Obs
SESSION HIGHLIGHTS
Understanding thyroid disorders
Recognizing symptoms early
Latest updates in diagnosis & treatment
Importance of regular check-ups
Q&A session with experts
HEALTHY THYROID, HEALTHY LIFE!
Early Detection Today, Better Tomorrow
Venue: Sindh Institute of Endocrinology & Diabetes (SIED), LUMHS, Jamshoro.
*This educational activity is supported by an unrestricted educational grant from CCL
SINDH INSTITUTE OF ENDOCRINOLOGY & DIABETES LUMHS JAMSHORO

WALK TO FIGHT DIABETES

Activity Details	
Department/Section	Department of Endocrinology & Diabetes
Activity Title	World Thyroid Day
Venue	SIED JAMSHORO
Date(s) of Activity	22nd May 2026
Organized By	Department of Endocrinology & Diabetes
Brief Description	The Department of Endocrinology & Diabetes, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, organized a World Thyroid Day Awareness Session on **22 May 2026** at the Sindh Institute of Endocrinology & Diabetes (SIED), LUMHS, Jamshoro. The session aimed to raise awareness about thyroid disorders, their early identification, timely diagnosis, and appropriate treatment. The program highlighted the importance of public awareness, regular health check-ups, and timely thyroid testing to promote better health outcomes. The session featured distinguished speakers, including **Prof. Imran Ali Shaikh**, Professor and Dean; **Dr. Muhammad Saleem Khan**, Incharge and Assistant Professor at SIED, LUMHS Jamshoro; and **Dr. Naheed Qazi**, Chairperson, Department of Gynaecology and Obstetrics. The speakers shared their expertise and emphasized the significance of recognizing thyroid-related health issues and seeking timely medical advice. A number of members of the general public and healthcare professionals participated in the awareness session, demonstrating a shared commitment to improving thyroid health awareness and promoting preventive healthcare. The event reinforced the message of World Thyroid Day: **"Be Aware, Get Tested, Stay Healthy,"** encouraging individuals to take an active role in their health through awareness, early detection, and appropriate medical care.


WORLD
DIABETES
Well Being for All
Walk to Fight Diabetes 10:00am to 10:15am
From Sindh Institute of Endocrinology & Diabetes Lumhs Jamshoro
GUEST OF HONOUR PANELIST
Prof. Dr. Imran Ali Shaikh
Dean, Faculty of Medicine & Allied Science, Lumhs Jamshoro
Prof. Dr. Muhammad Iqbal Shah
Chairman Department of Medicine Lumhs Jamshoro
MBBS , FCPS , FRCP LONDON
Fellow IDF ,FRSPH UK
Prof. Dr. Santosh Kumar
Head of Department Medicine, Unit 4 Lumhs Hyderabad Chairman Special Medical Board Hyderabad Sindh.
Prof. Dr. Mumtaz Ali Lakho
Professor of Medicine,
Head of Department Medical Unit 2,
Lumhs Jamshoro
Prof. Dr. Muhammad Kashif Shaikh
Chairman & Head Department of Cardiology Lumhs Hyderabad/ Jamshoro
Dr. Pooran Kumar Kohistani
Associate Professor & Chairman Department of Nephrology Liaquat University of Medical And Health Science Jamshoro / Hyderabad
Prof. Dr Nusrat Nisar
MBBS, MCPS,FCPS (OBGYN)
Professor at OBGYN-LUMHS Jamshoro.
CHIEF GUEST:
Prof. Dr. Ikram Din Ujjan
Vice Chancellor
Liaquat University of Medical & Health Sciences, Jamshoro
SPEAKERS:
Dr Muhammad Saleem
Assistant Professor of Endocrinology
Incharge Sindh Institute of Endocrinology & Diabetes Lumhs Jamshoro
MODERATOR:
Dr. Abeer Memon
Senior Registrar Department of Medicine, Lumhs
European Board Examination In Endocrinology, Diabetes & Metabolism MRCP - Speciality Certificate Examination In Endocrinology
Topic: Strengthen Diabetes Care in Sindh, The Role of Sindh Institute of Endocrinology & Diabetes
19th WEDNESDAY
NOV: 2025
Sindh Institute of Endocrinology & Diabetes Lumhs Jamshoro
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LUMHS AND CIFM TO COLLABORATE ON FAMILY MEDICINE EDUCATION AND TRAINING

Activity Details	
Department/Section	Department Family of Medicine
Activity Title	Memorandum of Understanding (MoU)
Venue	LUMHS
Date(s) of Activity	2026
Organized By	FAMILY MEDICINE
Brief Description	Liaquat University of Medical & Health Sciences (LUMHS) and the Central Institute of Family Medicine (CIFM) have established a collaborative academic and clinical partnership through a Memorandum of Understanding (MoU) to strengthen Family Medicine education and training. The collaboration aims to implement structured postgraduate training in Family Medicine through clinical placements at LUMHS and facilitate the delivery of the mandatory 75-hour undergraduate Family Medicine education for final-year MBBS students, in accordance with the PMDC 2024 curriculum. This partnership is expected to enhance the quality of medical education, strengthen clinical competencies, improve patient care, and promote academic cooperation. It will also contribute to institutional goodwill and enhance the national and international academic visibility of LUMHS, reaffirming its commitment to excellence in medical education and healthcare services.

Photograph/Evidence





FACULTY MEGA ROUND

1ST MEGA ROUND (DEPARTMENT OF DERMATOLOGY)

Activity Details	
Department/Section	Dermatology
Activity Title	Mega Round
Venue	IT Hall, LUMHS, Jamshoro
Date(s) of Activity	20th May 2026
Organized By	Faculty of Medicine and Allied Sciences, LUMHS
Brief Description	**Event:** Dermatology Mega Round **Organizer:** Faculty of Medicine and Allied Sciences, LUMHS **Venue:** IT Hall, LUMHS, Jamshoro **Date:** May 20, 2026 **Participants:** All faculty members and postgraduate trainees All faculty members and postgraduate trainees attended this academic event, promoting learning and professional collaboration.
Photograph/Evidence	



2ND MEGA ROUND (EMERGENCY MEDICINE, LUMHS)

Activity Details	
Department/Section	Emergency Medicine
Activity Title	Mega Round
Venue	IT Hall, LUMHS, Jamshoro
Date(s) of Activity	17th June 2026
Organized By	Department of Emergency Medicine, LUH/LUMHS
Brief Description	1. Faculty coordinators include Dr. Mahmood Soomro, Professor Irshad Ali Alvi, and Dr. Rahat Ahmed Memon. Presenters include Dr. Rahat Ahmed Memon, Dr. Noor Ayoub, Dr. Aqsa Amjad, Dr. Aqsa Khatoon, and Dr. Neha Nitya, with presentations addressing emergency-care improvement and clinical management. **Overall message:** The event promotes **better systems, safer care, and better outcomes** through quality improvement and innovation in emergency medicine.

Photograph/Evidence






PROJECT (QIP)
DEPARTMENT
Recognition of Deteriora



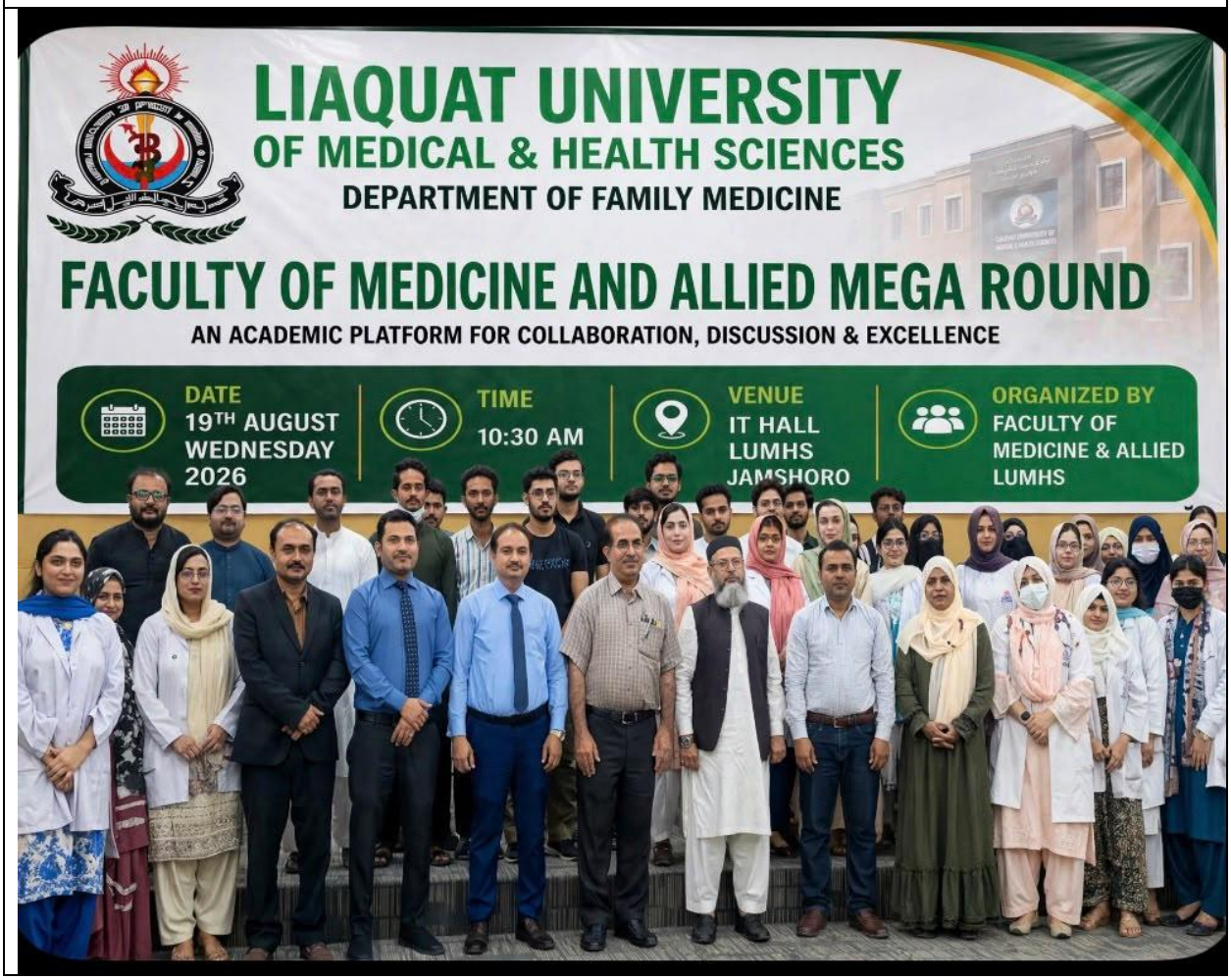
3RD MEGA ROUND: ENDOCRINOLOGY

Activity Details	
Department/Section	Endocrine & Diabetes
Activity Title	Mega round
Venue	IT Hall, LUMHS, Jamshoro
Date(s) of Activity	21st July 2026 (Tuesday)
Organized By	Faculty of Medicine and Allied, LUMHS
Brief Description	All faculty members and postgraduate trainees are cordially invited to attend. Agenda / Presentations Dr. Shakeel Samjeo — PG Endocrine **Topic:** Endocrine Hypertension Dr. Muhammad Saleem Khan — Assistant Professor of Endocrine **Topic:** Obesity Beyond Weight Loss Overall purpose: The Mega Round is presented as an academic platform for collaboration, discussion, learning, and excellence, focusing particularly on endocrine hypertension and obesity.
Photograph/Evidence	

4TH MEGA ROUND (FAMILY MEDICINE)

Activity Details	
Department/Section	Family Medicine
Activity Title	Faculty of Medicine and Allied Mega Round
Venue	IT Hall, LUMHS, Jamshoro
Date(s) of Activity	19th August, Wednesday, 2026
Organized By	Faculty of Medicine and Allied Sciences, LUMHS
Brief Description	This event serves as an academic platform designed for collaboration, discussion, and excellence, bringing together faculty members and postgraduate trainees for a group photo session.

Photograph/Evidence



5TH MEGA ROUND: BUDD-CHIARI (GASTROENTEROLOGY)

Activity Details	
Department/Section	Gastroenterology
Activity Title	Faculty of Medicine and Allied Mega Round: Budd-Chiari (From Diagnosis to Management)
Venue	IT Hall, LUMHS, Jamshoro
Date(s) of Activity	19th August, Wednesday, 2026
Organized By	LUMHS Jamshoro
Brief Description	An academic scientific program covering clinical insights, guidelines, radiology, and nutrition regarding Budd-Chiari syndrome, featuring expert presentations and a discussion session.

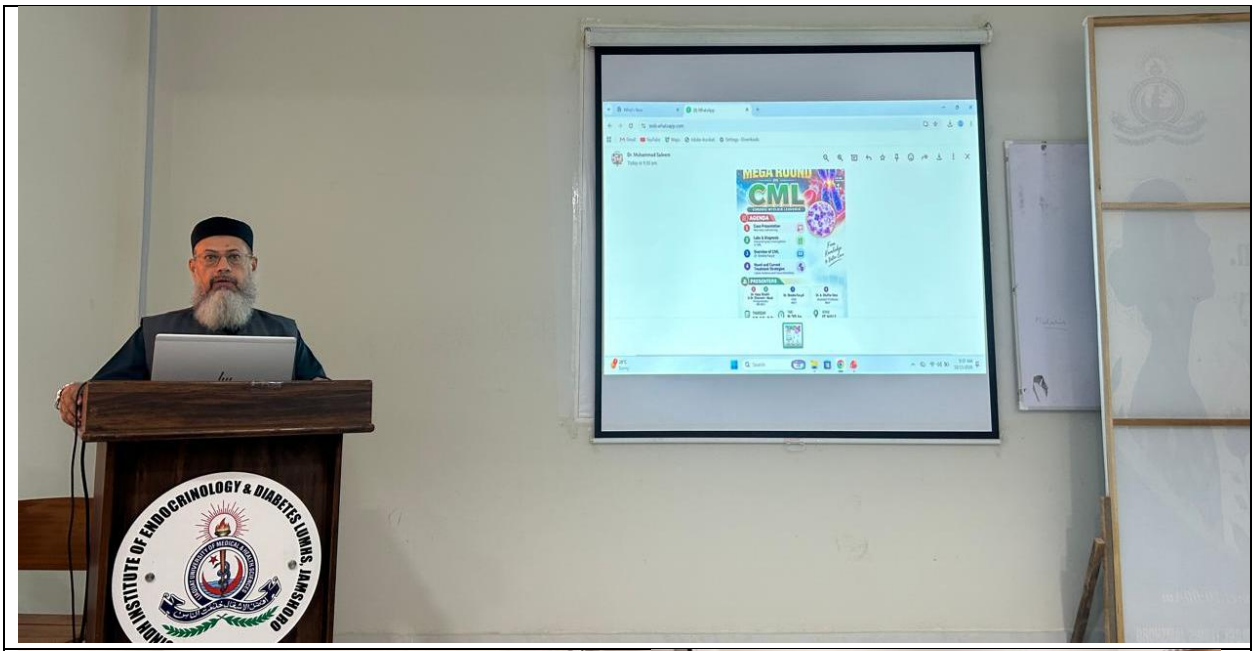
Photograph/Evidence





6TH MEGA ROUND ON CHRONIC MYELOID LEUKEMIA

Activity Details	
Department/Section	**MEDICINE**
Activity Title	MEGA ROUND
Venue	Seminar Room Sindh Endocrinology and Diabetes Service Hospital LUMHS
Date(s) of Activity	15-10-2026
Organized By	Medicine & Allied Sciences
Brief Description	The Faculty of Medicine & Allied Sciences (Department of Medicine Units I & VII) conducted its **6th Mega Round** at the Department of Endocrinology & Diabetes, focusing on **Chronic Myeloid Leukemia (CML)**. The session covered a clinical case presentation, diagnostic and laboratory evaluation, an overview of CML, and the latest novel and current treatment strategies. **Presenters:** • **Dr. Sheeba Faryal** (Associate Professor & Incharge, M.U-VII) • **Dr. Abdul Ghafar Dars** (Assistant Professor of Medicine) • **Dr. Aqsa Shaikh** (Postgraduate Trainee, M.U-I) • **Dr. Sharmeen** (Postgraduate Trainee, M.U-I)
Evidence / Photos	


MEGA ROUND
CML






Past History
Past medical history: no prior history of hypertension, diabetes mellitus, tuberculosis, liver disease or any other disease.
Past surgical history: no any prior history of surgical intervention.
Blood transfusion history: no any prior history


Adherence Cliff
3x
< 90%

DEPARTMENT OF PAEDIATRICS

FIRST MEETING OF CURRICULUM COMMITTEE

Activity Details	
Department/Section	Paediatrics
Activity Title	Review of MD Gastroenterology Curriculum
Venue	February 10, 2026
Date(s) of Activity	Revision of Curriculum
Organized By	Department of Paediatrics
Brief Description	A Curriculum Committee meeting was held to review and update the MD Gastroenterology curriculum. The meeting was chaired by Prof. Shazia Memon, with Prof. Santosh Kumar and Dr. Akram Bajwa in attendance. Dr. Akram Bajwa presented the curriculum for detailed review and discussion. The committee reviewed the curriculum in light of the recent PMDC visit and identified deficiencies. A medical educationist also provided input to strengthen the curriculum. Necessary modifications were made in accordance with PMDC instructions and recommendations. The revised curriculum aims to improve academic standards and ensure compliance with PMDC requirements.

Photographs/Evidence


THE SECOND CURRICULUM COMMITTEE MEETING

Activity Details	
Department/Section	Paediatrics
Activity Title	The Second Curriculum Committee
Venue	The Seminar Room, Paediatrics-I
Date(s) of Activity	February 10, 2026
Organized By	Curriculum Committee , Medicine & Allied Science
Brief Description	The Second Curriculum Committee meeting was held on February 10, 2026, at the Seminar Room, Paediatrics-I. The committee reviewed the MD Gastroenterology, Dermatology, Pulmonology, and DT & CT curricula. The MD Gastroenterology curriculum was found largely appropriate, requiring only final proofreading and minor refinements. For MD Dermatology, alignment with other LUMHS MD programs was recommended, with a proposed five-year training structure. The committee proposed two years of Internal Medicine rotations followed by three years of specialized Dermatology training. Similar recommendations were made for the MD Pulmonology curriculum to ensure consistency with other MD programs. Necessary revisions were recommended to strengthen curriculum quality and maintain institutional standards.
Photographs/Evidence	



THE FIRST BABY-FRIENDLY HOSPITAL INITIATIVE (BFHI)

Activity Details	
Department/Section	Pediatrics
Activity Title	3rd & 4th February 2026
Venue	Paeds-I
Date(s) of Activity	February 3 and 4 2026
Organized By	Department of Pediatrics
Brief Description	The first **BABY-FRIENDLY HOSPITAL INITIATIVE (BFHI)** training was conducted on 3rd and 4th February 2026. The training focused on promoting breastfeeding and improving maternal and neonatal care practices. Key topics included early initiation of breastfeeding, rooming-in, and adherence to WHO guidelines. Faculty members, postgraduate trainees, and nursing staff actively participated in the sessions. The training aimed to strengthen knowledge and skills related to breastfeeding support. It also promoted the implementation of BFHI standards in hospital practices.

Photographs/Evidence





THE SECOND BABY-FRIENDLY HOSPITAL INITIATIVE (BFHI)

Activity Details	
Department/Section	Pediatrics
Activity Title	The two-day training focused on strengthening breastfeeding support and counseling skills.
Venue	Paeds-I
Date(s) of Activity	February 11th and 12th 2026
Organized By	Department of Pediatrics
Brief Description	The second **BABY-FRIENDLY HOSPITAL INITIATIVE (BFHI)** training was conducted on 11th and 12th February 2026. The two-day training focused on strengthening breastfeeding support and counseling skills. Participants were guided on effective implementation of hospital breastfeeding policies. Interactive sessions and case discussions were conducted to enhance understanding. Practical demonstrations were included to develop participants' skills and confidence. The training aimed to promote effective implementation of BFHI practices in healthcare settings.

Photographs/Evidence





TRAINING WORKSHOP ON THE DEVELOPMENT OF NUTRITION CONTENT

Activity Details	
Department/Section	Paediatrics
Activity Title	The department contributed to the International Pediatric Conference organized by PPA Sindh in January 2026.
Venue	Conference at PUMHS Nawabshah.
Date(s) of Activity	January 2026
Organized By	Department of Paediatrics
Brief Description	The Department of Pediatrics, LUMHS, remained actively engaged in academic, professional, research, and community health activities. Faculty members participated as speakers, panelists, and scientific contributors at national and international pediatric conferences. The department contributed to the International Pediatric Conference organized by PPA Sindh in January 2026. Faculty also participated in the Two-Day Pediatric Conference at PUMHS Nawabshah. A major achievement was the accreditation of the Pediatric Neonatology Training Program by CPSP in December 2025. These activities strengthened postgraduate training, academic leadership, and pediatric healthcare services at LUMHS.
Photographs/Evidence	

TWO-DAY CHILD HEALTH CONFERENCE

Activity Details	
Department/Section	Pediatrics
Activity Title	Two-Day Child Health Conference
Venue	LUMHS Jamshoro
Date(s) of Activity	11–12 April 2025
Organized By	Department of Pediatrics
Brief Description	The Department of Pediatrics, LUMHS, organized a **Two-Day Child Health Conference** ON 11–12 APRIL 2025. THE CONFERENCE WAS HELD UNDER THE THEME **"Child Health in a Global Perspective."** Pediatric experts from across Pakistan participated in the event. Pediatricians and postgraduate trainees from across Sindh attended the conference. Two pre-conference workshops were also conducted as part of the program. The conference provided an important platform for knowledge sharing and professional development in child health.

Photograph/Evidence



RADIOLOGY INTERPRETATION WORKSHOP

Activity Details	
Department/Section	Pediatrics
Activity Title	PRE-CONFERENCE WORKSHOP
Venue	Paeds-I
Date(s) of Activity	18th February 2025
Organized By	Paediatrics
Brief Description	
Photograph/Evidence	




Spasmus Nutans
Child Health In Global Perspectives
PRE-SYMPOSIUM WORKSHOP
Dr. Fozia Baloch
No. 1
Levetiracetam
Pakistan

PRE-CONFERENCE WORKSHOP ON EEG INTERPRETATION

Activity Details	
Department/Section	Pediatrics
Activity Title	PRE-CONFERENCE WORKSHOP
Venue	Paeds-I
Date(s) of Activity	26th February 2025
Organized By	Paediatrics
Brief Description	

Photograph/Evidence







TRAINING AND CAPACITY BUILDING

Activity Details	
Department/Section	Paediatrics
Activity Title	Training Capacity Building
Venue	Paeds-I
Date(s) of Activity	22nd January 2026
Organized By	Department Of Paediatrics
Brief Description	The department continued to emphasize clinical training and professional development. A Workshop on Insulin Therapy in Children (22 January 2026) was organized to strengthen clinical expertise in pediatric diabetes management. Additionally, the department organized a Neonatal Resuscitation Workshop during the Medical Undergraduate Research Conference (MURC), LUMHS (28–31 August 2025), providing hands-on training for medical students and young clinicians. Faculty members also contributed to neonatal resuscitation and pediatric neurology training workshops at various institutions, enhancing pediatric clinical capacity.

Photograph/Evidence



RESEARCH AND ACADEMIC DEVELOPMENT

Activity Details	
Department/Section	Pediatrics
Activity Title	MURC 2025, Pediatric Symposium
Venue	PPA Hyderabad
Date(s) of Activity	28–31 August 2025
Organized By	Department of Pediatrics
Brief Description	The Department of Pediatrics actively promoted undergraduate research and academic development. During the Medical Undergraduate Research Conference (MURC), held on 28–31 August 2025, students presented several research projects. The participation reflected the department's commitment to developing research skills among medical students. Faculty members also contributed as speakers, panelists, and moderators at the Pediatric Symposium organized by PPA Hyderabad on 9 August 2025. These activities strengthened academic engagement and encouraged research collaboration within the pediatric community.

Photograph/Evidence



WORLD PREMATURITY DAY

Activity Details	
Department/Section	Paediatrics
Activity Title	World Prematurity Day
Venue	
Date(s) of Activity	17 November 2025
Organized By	Department Of Paediatrics
Brief Description	The Department of Pediatrics conducted public health awareness activities addressing important child health priorities. World Prematurity Day was observed on 17 November 2025 through a scientific session on advances in neonatal care. Leading neonatologists discussed strategies to reduce complications associated with prematurity. A scientific session on **"**Standardizing Movement Disorders Education from Centre to Periphery" was also organized. Experts delivered lectures on Chorea, Parkinsonism, and Tremor, highlighting advances in movement disorder management. The event was attended by university leadership, faculty members, postgraduate trainees, house officers, and medical students.

Photograph/Evidence



MOVEMENT DISORDERS SYMPOSIUM

Activity Details	
Department/Section	Neurology
Activity Title	Symposium
Venue	Neurology
Date(s) of Activity	
Organized By	Department of Neurology
Brief Description	Theme "Standardizing Movement Disorders Education from Centre to Periphery" organized by Neurology Department LUMHS & Neurology Department Muhammad Medical College in Collaboration with Movement Disorders Society MDSP Pakistan at Ibn e-Sina University, Speakers included: Dr. Awais Bashir Larik, SB (Professor & Chairman, Neurology, PUMHS Nawabshah), who delivered a lecture on "Approach to Chorea." Dr. Muslim Ali Lakhiar (Associate Professor, LUMHS Jamshoro), who presented an "Overview of Parkinsonism." Dr. Muhammad Irfan Hashmat (Assistant Professor, DUHS Karachi), who spoke on the "Approach to Tremor." The event was attended by the: Dr. Syed Razi Muhammad - Chancellor (Patron-InChief), Dr. Shams-Ul-Arfeen Khan -Vice Chancellor, Dr. Aijaz Ahmed Memon – Pro Vice Chancellor, and the Faculty of Medicine & Surgical allied postgraduates, HO & Medical students.



HPV VACCINE AWARENESS CAMPAIGN & WALK

Activity Details	
Department/Section	Pediatrics
Activity Title	HPV Vaccine Awareness Campaign
Venue	Hyderabad
Date(s) of Activity	17 to 29 November 2025
Organized By	Department of Pediatrics
Brief Description	An HPV Vaccine Awareness Campaign and Walk was organized in collaboration with the Pakistan Pediatric Association (PPA) Hyderabad and local government authorities to promote awareness regarding HPV vaccination and prevention of cervical cancer.
Photograph/Evidence	



WORLD BREASTFEEDING WEEK

Activity Details	
Department/Section	Paediatrics
Activity Title	Awareness week
Venue	Paeds
Date(s) of Activity	1–7 August 2025
Organized By	Department of Paediatrics
Brief Description	Earlier in the year, World Breastfeeding Week (1–7 August 2025) was celebrated through educational sessions conducted in outpatient departments, wards, and community settings to promote breastfeeding practices and maternal-child health awareness.
Photograph/Evidence	



EPILEPSY AWARENESS DAY

Activity Details	
Department/Section	Paediatrics
Activity Title	Awareness walk
Venue	Paeds
Date(s) of Activity	February 2025
Organized By	Department of Paediatrics
Brief Description	The department also organized an Epilepsy Awareness Day (February 2025) at Pediatric Unit II, LUMHS, which included an awareness walk and a scientific lecture
Photograph/Evidence	



WORLD HEPATITIS DAY

Activity Details	
Department/Section	Gastroenterology
Activity Title	Awareness Walk
Venue	LUH Hyderabad
Date(s) of Activity	29th July 2025
Organized By	Department Of Gastroenterology
Brief Description	On World Hepatitis Day, 29th July 2025, LUMHS Hospital, Hyderabad organized a Hepatitis Awareness Walk and radio awareness session. The Gastroenterology Department led the activities to promote prevention and control of Hepatitis B and C. Faculty, doctors, nurses, paramedical staff, and students actively participated in the awareness walk. Banners and placards highlighted safe blood transfusion, sterilized equipment, and avoidance of shared needles and razors. Participants emphasized Hepatitis B vaccination, early diagnosis, regular screening, and timely treatment. An awareness interview was broadcast on FM 96.6 Hyderabad to educate the wider community. Experts discussed causes, transmission, symptoms, complications, treatment, and preventive measures for Hepatitis B and C. The initiative increased community awareness and supported the goal of eliminating viral hepatitis as a public health threat.

Photograph/Evidence



WORLD DIABETES DAY

Activity Details	
Department/Section	Endocrine & Diabetes
Activity Title	World Diabetes Day
Venue	LUMHS Jamshoro
Date(s) of Activity	14th November 2025
Organized By	Department of endocrinology
Brief Description	The Institute of Endocrinology and Diabetes at Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, organized a one-day seminar to mark World Diabetes Day, coinciding with the formal inauguration of the institute's newly established building by Vice Chancellor Prof. Dr. Ikram Din Ujjan. Speaking on the occasion, Prof. Dr. Ujjan highlighted that diabetes has emerged as a major public health challenge in Pakistan. He noted that the country now ranks third globally in adult diabetes prevalence (ages 20–79), with nearly 30 million people affected, about half of whom remain undiagnosed, thereby increasing the risk of serious long-term complications. During the awareness seminar, Prof. Dr. Imran Ali Shaikh, Dean of Medicine & Allied Sciences, addressed the participants, while Dr. Mohammad Saleem, Assistant Professor of Endocrinology, delivered an informative talk on "Diabetes and Well-being." Dr. Saleem emphasized three key pillars for improving the quality of life for diabetic patients: adopting a healthy diet and regular physical activity, ensuring emotional and psychological support for mental well-being, and maintaining occupational or workplace well-being. He stressed that a holistic approach can significantly enhance the overall quality of life for individuals living with diabetes The event was attended by university deans, faculty members, postgraduate students, and paramedical staff, reflecting LUMHS's commitment to raising diabetes awareness and promoting preventive healthcare.

Photograph/Evidence





On the occasion of World Diabetes Day 14th November 2025. Dr Muhammad Saleem, Assistant Professor of Endocrinology at Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, was invited as a guest on DAWN News. During the program, he highlighted the significance of World Diabetes Day, emphasizing the urgent need for awareness, early diagnosis, and effective management of diabetes. He discussed the alarming prevalence of diabetes in Pakistan, stressing lifestyle modification, regular screening, and public health education as key strategies to combat the growing burden of the disease. Dr. Saleem also underscored the role of healthcare professionals, policymakers, and the community in working together to prevent complications and improve the quality of life for people living with diabetes.

CELEBRATION OF INDEPENDENCE DAY

Activity Details	
Department/Section	Nephrology
Activity Title	
Venue	
Date(s) of Activity	14th August 2025
Organized By	Nephrology
Brief Description	The Department of Nephrology celebrated Independence Day on 14th August 2025 with great enthusiasm and patriotic spirit. A brief gathering was held to highlight the significance of independence and the importance of dedication and service to the nation through healthcare.
Photograph/Evidence	



WORLD KIDNEY DAY AWARENESS ACTIVITY

Activity Details	
Department/Section	Nephrology
Activity Title	World Kidney day awareness
Venue	Civil Hospital Hyderabad / Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro/ Hyderabad.
Date(s) of Activity	13th March 2025
Organized By	Department of Nephrology
Brief Description	World Kidney Day was observed on 13th March 2025 at the Department of Nephrology, Civil Hospital Hyderabad / Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro/ Hyderabad. The theme for the year was 'Are Your Kidneys OK? Detect Early, Protect Kidney Health." The activity aimed to raise awareness about kidney health, early detection of kidney disease, and preventive measures among patients, attendants, and healthcare staff. Doctors, trainees, nurses, and supporting staff participated in the awareness activity. Educational interaction was carried out to highlight the importance of early screening and maintaining a healthy lifestyle to protect kidney health
Photograph/Evidence	


FOCIN ULTRA
(Fosfomycin Trometamol)
3gm SACHET
TRIBHOS
Solriz
(Silodosin)
4mg
8mg
Capsules
World Kidney Day
13 MARCH 2025
ARE YOUR KIDNEYS OK?
Detect early, protect kidney health

DEPARTMENT OF GASTROENTEROLOGY

FIRST ENDOSCOPY ATLAS CEREMONY

Activity Details	
Department/Section	Gastroenterology
Activity Title	
Venue	PC Hotel
Date(s) of Activity	22-06-2025
Organized By	PSGLD
Brief Description	Participated in the Inauguration Ceremony of the First Endoscopy Atlas, organized by the Pakistan Society of GI & Liver Diseases. The ceremony was inaugurated by the Health Secretary, Government of Sindh. The event was held at PC Hotel and marked a significant milestone in advancing gastroenterology education and endoscopic practice. The initiative aims to enhance training and standardization of endoscopic procedures. Participation reflects active engagement in national academic initiatives
Photograph/Evidence	



FREE HEPATITIS CAMP

Activity Details	
Department/Section	Gastroenterology
Activity Title	Camp
Venue	
Date(s) of Activity	17-06-2025
Organized By	Gastro Department
Brief Description	Participated in a Free Hepatitis Camp organized by the District Bar Association Hyderabad in collaboration with the Department of Gastroenterology, Liaquat University of Medical & Health Sciences. The camp aimed to provide screening, counseling, and awareness regarding hepatitis prevention. Patients were educated about transmission, early diagnosis, and available treatment options. Faculty members and postgraduate trainees actively contributed to the activity. The initiative supported community-based preventive healthcare
Photograph/Evidence	



MMC GASTROENTEROLOGY SYMPOSIUM

Activity Details	
Department/Section	Gastroenterology
Activity Title	MMC Gastroenterology Symposium
Venue	Seena University Mirpurkhas
Date(s) of Activity	4-10-2026
Organized By	MMC
Brief Description	Delivered a comprehensive academic talk as an invited speaker at the MMC Gastroenterology Symposium, held at Ibn-e-Seena University. The session focused on contemporary issues and recent advances in gastroenterology. Faculty members, clinicians, and postgraduate trainees actively attended the symposium. The lecture promoted academic discussion and knowledge sharing. The participation reflects active involvement in continuing medical education and inter institutional collaboration.

Photograph/Evidence

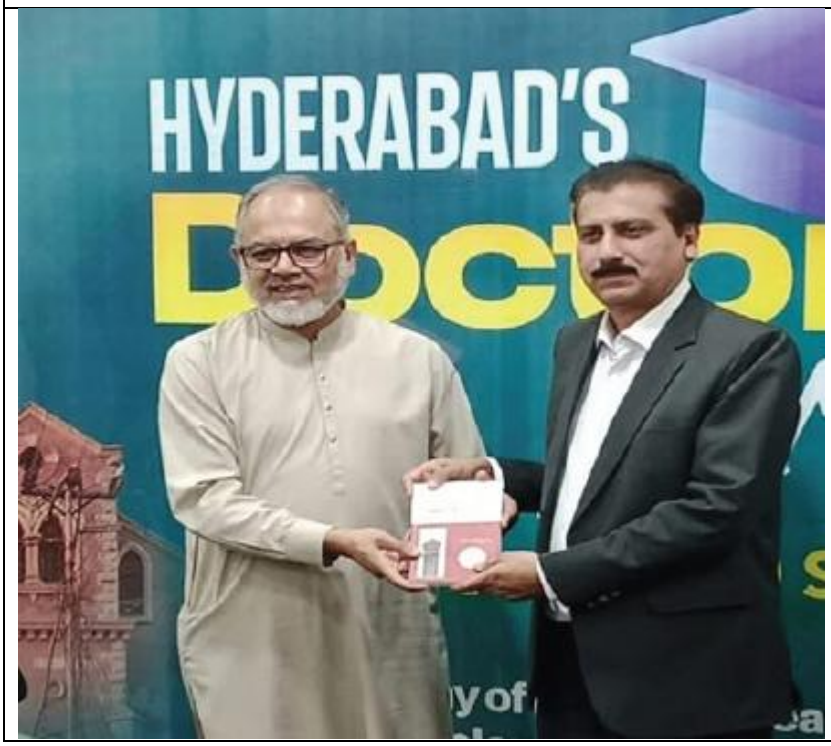

HUMAN RIGHTS PROTECTION CONVENTION

Activity Details	
Department/Section	Gastroenterology
Activity Title	Human Rights Protection Convention
Venue	
Date(s) of Activity	24-04-2025
Organized By	
Brief Description	Delivered Hepatitis awareness lecture in the convention of human rights Protection Pakistan **Brief Report:** Delivered a Hepatitis Awareness Lecture at the Human Rights Protection Convention, organized by Human Rights Protection Pakistan on 24-04-2025. The session focused on public awareness regarding prevention, transmission, and early management of hepatitis. Participants were educated about the health impact of Hepatitis B and C at the community level. The lecture emphasized the role of awareness in safeguarding public health rights. The activity contributed to community education and preventive healthcare advocacy
Photograph/Evidence	



HYDERABAD DOCTORAL MEET

Activity Details	
Department/Section	Gastroenterology
Activity Title	Hyderabad Doctoral Meet
Venue	
Date(s) of Activity	22-12-2025
Organized By	AIRD
Brief Description	Got award of appreciation (being PhD holder) from Shahid Farooqi renowned Islamic Scholar from USA in a Hyderabad Doctoral meet. **Brief Report:** An Award of Appreciation was conferred during the Hyderabad Doctoral Meet in recognition of academic excellence as a PhD holder. The award was presented by Shahid Farooqi, a renowned Islamic scholar from the USA. The recognition highlights scholarly contribution and academic distinction
Photograph/Evidence	



INTERNATIONAL APASL CONFERENCE ON STC

Activity Details	
Department/Section	Gastroenterology
Activity Title	International APASL CONFERENCE ON STC
Venue	
Date(s) of Activity	12-12-2025
Organized By	PSSLD
Brief Description	Participated in the International APASL Conference on STC, held in collaboration with Pakistan Society for the Study of Liver Diseases. The conference focused on recent advances and challenges in hepatology and liver diseases. Actively contributed as Chair of the Session, moderating scientific discussions and facilitating expert exchange among national and international participants. The Role enhanced academic collaboration and promoted continuous medical education. This participation reflects active involvement in international scientific forums.

Photograph/Evidence


GERD AWARENESS WEEK

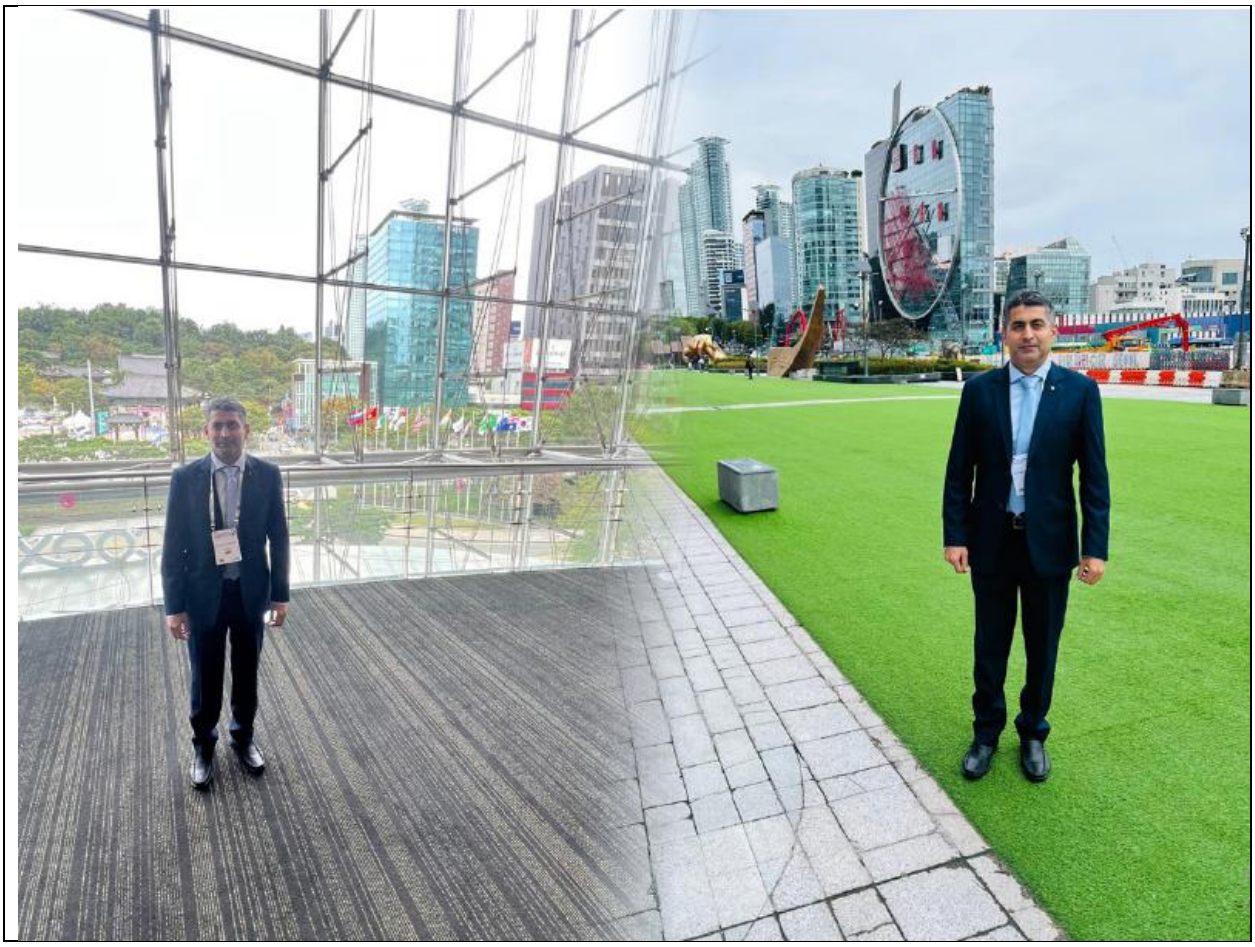
Activity Details	
Department/Section	Gastroenterology
Activity Title	GERD Awareness Week
Venue	LUH
Date(s) of Activity	29-11-2025
Organized By	Department of Gastroenterology
Brief Description	GERD Awareness Week was observed by the Department of Gastroenterology at Liaquat University Hospital, LUMHS on 29-11-2025. The activity aimed to raise awareness about gastroesophageal reflux disease among patients and attendants. Educational discussions were conducted regarding symptoms, risk factors, and preventive measures. Faculty members and postgraduate trainees actively participated in patient counseling. The initiative contributed to improved patient education and community awareness.

Photograph/Evidence



WORLD CONGRESS OF NEUROLOGY

Activity Details	
Department/Section	Neurology
Activity Title	27th World Congress of Neurology
Venue	South Koria, Seoul
Date(s) of Activity	12-15 October 2025
Organized By	
Brief Description	Dr. Muslim Ali Lakhiar, Associate Professor at Liaquat University of Medical & Health Sciences (LUMHS) Jamshoro, participated in the 27th World Congress of Neurology held in Seoul, South Korea from 12–15 October 2025. The congress, organized under the auspices of the World Federation of Neurology, brought together leading neurologists, researchers, and healthcare professionals from around the world to discuss recent advances in neurological sciences, innovative research, and emerging therapeutic approaches.
Photograph/Evidence	



INVITED AS SPEAKER ON MOVEMENT DISORDERS SYMPOSIUM AT ISRA UNIVERSITY

Activity Details	
Department/Section	Gastroenterology
Activity Title	Movement Disorders Symposium
Venue	Isra University
Date(s) of Activity	11th December 2025
Organized By	Isra University
Brief Description	Dr. Muslim Ali Lakhair, Associate Professor of Neurology, was invited as a distinguished speaker at the Movement Disorders Symposium held at Isra University on 11th December 2025. During the symposium, he delivered an insightful lecture titled "Unraveling Dystonia: From Clinical Clues to Targeted Therapies." In his presentation, Dr. Lakhair comprehensively discussed the clinical spectrum of dystonia, emphasizing early recognition through key clinical clues and highlighting advances in diagnostic approaches. He further elaborated on modern management strategies, including pharmacological options, botulinum toxin therapy, and emerging targeted treatments, aiming to improve patient outcomes. His lecture was highly appreciated by faculty members, postgraduate trainees, and practicing
Photograph/Evidence	



DEPARTMENT OF INFECTIOUS DISEASE

CME: HIV IN PREGNANCY ANTENATAL, INTRAPARTUM AND POST-NATAL MANAGEMENT

ACTIVITY DETAILS	
Department / Section	Gynecology and Infectious Disease department
Activity Title	CME: HIV in pregnancy Antenatal, intrapartum and post-natal management
Date(s) of Activity	11/06/2026
Venue	IT Hall, LUMHS jamshoro
Organized By	Gynecology and Infectious Disease department
Brief Description	Briefly discussed the management of HIV patient during pregnancy from conception till delivery and post-delivery care of both mother and baby

PHOTOGRAPHS / EVIDENCE







NEEDLE STICK INJURY

ACTIVITY DETAILS	
Department / Section	INFECTIOUS DISEASE DEPARTMENT
Activity Title	NEEDLE STICK INJURY
Date(s) of Activity	08/01/2026
Venue	GYNAE DEPARTMENT
Organized By	INFECTIOUS DISEASE AND GYNAE DEPARTMENT
Brief Description	Provide awareness regarding management of needle stick injury, and prophylaxis importance in high risk cases.

PHOTOGRAPHS / EVIDENCE



INFECTION PREVENTION CONTROL SESSION

Department / Section	Infectious Disease Department
Activity Title	Infection Prevention Control Session
Date(s) of Activity	05/10/2025
Venue	Liaquat University Hospital Hyderabad
Organized By	Infectious Disease and Infection Control Department.
Brief Description	Briefly discussed regarding common communicable infections, their precautions and preventive measures, post exposure prophylaxsis, patient safety.







ANTI-MICROBIAL RESISTANCE WEEK

Department / Section	Department of Microbiology and Infectious Disease Department
Activity Title	Anti-Microbial Resistance Week
Date(s) of Activity	18/11/2025- 24/11/2025
Venue	Liaquat University of medical and health sciences Jamshoro
Organized By	Department of Microbiology and Infectious Disease Department
Brief Description	AMR awareness, quiz competition, poster competition, expert awareness talk


DAI
World AMR Awareness Week 2025
"Act now: Protect our present, secure our future"




eness Week 2025


LIAQUAT UNIVERSITY OF
MEDICAL & HEALTH SCIENCES
DAI
Fleming Fund
UKaid
World AMR Awareness Walk
"Act now: Protect our present, secure our future"
November 18th 2025

PATHOGEN PURSUIT

Department / Section	*Infectious disease and Pathology Department*
Activity Title	*Pathogen Pursuit*
Date(s) of Activity	*20/08/2026*
Venue	*Seminar room, department of pathology*
Organized By	*Infectious disease and Pathology Department*
Brief Description	*Clinical and laboratory importance in pathogen identification and collaboration of both departments*





INFECTION PREVENTION AND CONTROL

Department / Section	*Infectious Disease Deparmtment*
Activity Title	*Infection Prevention and Control*
Date(s) of Activity	*02/07/2026*
Venue	*Neurosurgery ICU*
Organized By	*Infectious Disease, Infection Control and Neurosurgery department*
Brief Description	*Brief Discussion regarding common infection that are acquired in hospital and how can we prevent them by infection prevention and control precautions implementation*



AWARENESS SEMINAR ON MPOX AND INFECTIOUS DISEASES PREVENTION STRATEGIES

Department / Section	*Infectious Disease and Infection Control Department*
Activity Title	*Awareness seminar on Mpox and infectious Diseases prevention strategies*
Date(s) of Activity	*07/05/2026*
Venue	*Conference hall, DHO office Hyderabad*
Organized By	*DHO, Hyderabad*
Brief Description	*Presentation on Mpox control, SOP for infection prevention, investigation, diagnosis and management*


AWARENESS SEMINAR
MONKEY POX
AND INFECTION PREVENTION STRATEGIES
7TH MAY 2026
AT:
DHO OFFICE HYDERABAD

MPOX AWARENESS SEMINAR

Department / Section	*Infectious Disease Department*
Activity Title	*Mpox Awareness seminar*
Date(s) of Activity	*27/04/2026*
Venue	*Seminar room, LUMHS health services hospital Jamshoro*
Organized By	*Infectious Disease Department*
Brief Description	*Awareness regarding mpox, diagnosis, infection prevention, investigation and screening contacts, management of patients.*





DENGUE AWARENESS

Department / Section	*Infectious Diseases, Department*
Activity Title	*Dengue Awareness*
Date(s) of Activity	*24/10/2025*
Venue	*Medical Unit 3, Ward 13, LUMHS Jamshoro*
Organized By	*Medical Unit 3, Ward 13, LUMHS Jamshoro*
Brief Description	*Awareness regarding dengue epidemic and preventive measures to control the infection and management of infected patients.*




DIABETES
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Treviamet

INVISIBLE BATTLE AND IMPLICATIONS FOR IPC PROTOCOLS

Department / Section	*INFECTIOUS DISEASES DEPARTMENT*
Activity Title	*INVISIBLE BATTLE AND IMPLICATIONS FOR IPC PROTOCOLS*
Date(s) of Activity	*01/12/2025*
Venue	*LUMHS Jamshoro*
Organized By	*Nursing research conference 2025, LUMHS Jamshoro*
Brief Description	*Importance of nursing staff in infection control and prevention and patient safety.*





RESUSCITATION SYMPOSIUM — "GOLDEN HOURS OF SAVING LIVES"

Activity 1 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**Resuscitation Symposium — "Golden Hours of Saving Lives"**
Date(s) of Activity:	**3rd February 2025**
Venue:	Paramedics Hall, LMCH Hyderabad.
Organized by:	Department of Emergency Medicine, LUMHS
Brief Description:	The Department of Emergency Medicine, LUMHS, organized a departmental symposium titled **"Golden Hours of Saving Lives"** in February 2025. The symposium focused on the principles of **early resuscitation, trauma management, and evidence-based emergency care** during golden hour. Speakers: **Dr Mahmood Soomro, Dr Poonam Jatoi, Prof. Moin Ansari, Prof, Pooran Mal, Dr Aslam Rind, Dr Yusra Sheikh** The Department acknowledges the continued academic leadership and support of **Dr.** Mahmood Soomro, **Head of the Department of Emergency Medicine, LUMHS**, in promoting academic excellence and professional development in emergency medicine.
Photographs/Evidence	




Resuscitation Symposium-
Golden hour for Saving Lives
Organised by Emergency Department LUH in Collaboration with MED-ED.
3rd February 2025
PROF DR MOIN ANSARI
TALK: PSYCHOSOCIAL SUPPORT FOR HEALTH CARE PROFESSIONS
DR MAHMOOD SOOMRO
TALK: PREVENTING PATIENT DETERIORATION AND CARDIAC ARREST
DR POONAM JATOI
TALK: HOSPITAL MANAGEMENT AND SYSTEM DEVELOPMENT; QUALITY CARE IMPROVEMENT
PROF DR POORAN MAL
TALK: INTERPRETATION AND ROLE OF ABG IN SICK PATIENT
DR. YUSRA SHEIKH
TALK: ECG IN ACUTE EMERGENCIES- LEARN TO ACT FAST AND SAVE LIVES
DR ASLAM RIND
TALK: COMMUNICATION SKILLS, BREAKING BAD NEWS
REGISTER NOW
Who should attend: Post Graduate Residents, Faculty Members, HouseOfficers, Medical Officers
Venue: Seminar Hall, LUH, Hyd
Time : 9:00am- 1:00pm
Registration is free - QR for registration
Contact : emergencydepartment.luh@gmail.com
Moderators: Dr Kabira Memon (ED-LUH)
Dr Rabia Anis (MED - LUMHS)

HOSPITAL-WIDE TEACHING SESSIONS ON WAR-RELATED INJURIES

Activity 2 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**Hospital-wide Teaching Sessions on War-Related Injuries**
Date(s) of Activity:	April 2025
Venue:	Emergency department, LUMHS.
Organized by:	Department of Emergency Medicine, LUMHS
Brief Description:	The Department of Emergency Medicine, LUMHS, conducted a **series of hospital-wide teaching sessions** on the assessment and management of **war-related injuries**. The sessions covered trauma principles, triage, and emergency stabilization, extending emergency-care education to clinicians across the hospital. Facilitated by **Dr. Mahmood Soomro, Lead by: Dr Noor Ayoub Senior PG, EM.** The Department acknowledges the continued academic leadership and support of **Dr. Mahmood Soomro**, **Head of the Department of Emergency Medicine, LUMHS**, in promoting emergency preparedness and clinical education across the hospital.

Photographs/Evidence







BASIC LIFE SUPPORT (BLS) TRAINING SERIES FOR MBBS STUDENTS OF BMC.

Activity 3 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**Basic Life Support (BLS) Training Series for MBBS Students of BMC.**
Date(s) of Activity:	19 June – July 2025 (every Thursday for four weeks)
Venue:	LUMHS
Organized by:	Department of Emergency Medicine, LUMHS
Brief Description:	The Department of Emergency Medicine, LUMHS, conducted a **four-week Basic Life Support (BLS) training series** at LUMHS, with one session held every Thursday, for undergraduate MBBS students. The series aimed to strengthen students' resuscitation knowledge and hands-on skills. Instructors:**Dr. Rahat Memon, Dr. Noor us Sahar, Dr Kabira Memon and PGs of Emergency Department**. The Department acknowledges the continued academic leadership **Dr. Mahmood Soomro Head of the Department,** and support of **Prof. Irshad Ali Alvi, Supervisor Emergency Medicine, LUMHS**, in promoting life-saving skills training among undergraduate students.

Photographs/Evidence



MCI, FIRST AID & BASIC LIFE SUPPORT (BLS) WORKSHOP

Activity 4 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**MCI, First Aid & Basic Life Support (BLS) Workshop**
Date(s) of Activity:	4th August 2025
Venue:	SABS University, Jamshoro
Organized by:	Department of Emergency Medicine, LUMHS
Brief Description:	The Department of Emergency Medicine, LUMHS, conducted a **hands-on workshop on Mass Casualty Incident (MCI) management, First Aid, and Basic Life Support (BLS)** at SABS University, Jamshoro, for undergraduate medical students. Facilitated by **dr. Noor us Sahar, dr Rahat Memon and postgraduate trainees.** The Department acknowledges the continued academic leadership and support of **Dr. Mahmood Soomro**, **Head of the Department of Emergency Medicine, LUMHS**, in promoting practical emergency-care training and community engagement.
Photographs/Evidence	


BUNYAN-UL-MARSOOS & MARKA-E-HAQ
2-WEEK CELEBRATION COMMEMORATING OPERATION
BUNYAN-UL-MARSOOS & MARKA-E-HAQ
2-WEEK CELEBRATION COMMEMORAT
UNYAN-UL-MARSOOS & M

PRE-CONFERENCE WORKSHOP — MURC 2025

Activity 5 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**Pre-Conference Workshop — MURC 2025**
Date(s) of Activity:	25th August 2025
Venue:	OSPE Centre LUMHS. Jamshoro.
Organized by:	Department of Emergency Medicine, LUMHS (MURC 2025 pre-conference activity)
Brief Description:	As part of the **MURC 2025 pre-conference activities**, the Department of Emergency Medicine, LUMHS, conducted an interactive workshop titled **"From Crises to Care"**. The workshop trained undergraduate students and internees in emergency assessment, stabilization, leadership, communication, and teamwork. Facilitated by **Prof. Irshad Alvi, Dr Rahat Memon, Dr Kabira Memon, Dr Noor Ayoub and postgraduate team.** The Department acknowledges the continued academic leadership and support of **Dr. Mahmood Soomro**, **Head of the Department of Emergency Medicine, LUMHS**, in promoting hands-on learning and professional development among young medical professionals.

Photographs/Evidence











BASIC LIFE SUPPORT (BLS) WORKSHOP

Activity 6 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**Basic Life Support (BLS) Workshop**
Date(s) of Activity:	15th–16th April 2026
Venue:	**IT HALL, LUMHS Jamshoro**
Organized by:	Department of Emergency Medicine, LUMHS, in collaboration with YPDC, LUMHS
Brief Description:	The Department of Emergency Medicine, LUMHS, in collaboration with **YPDC, LUMHS**, organized a **two-day Basic Life Support (BLS) workshop** for undergraduate students and house officers, strengthening their resuscitation skills and readiness to respond to cardiac emergencies. Facilitated by Dr. Noor Ayoub and postgraduate team. The Department acknowledges the continued academic leadership and support of **Dr.** Mahmood Soomro, **Head of the Department of Emergency Medicine, LUMHS**, in promoting life-saving skills training and inter-departmental collaboration.

Photographs/Evidence









MEGA ROUND — "TRANSFORMING ED TRIAGE: A QUALITY IMPROVEMENT PROJECT"

Activity 7 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**Mega Round — "Transforming ED Triage: A Quality Improvement Project"**
Date(s) of Activity:	17th June 2026
Venue:	IT Hall, LUMHS
Organized by:	Department of Emergency Medicine, LUMHS
Brief Description:	The Department of Emergency Medicine, LUMHS, held a departmental **Mega Round** titled **"Transforming ED Triage: A Quality Improvement Project"**. The session showcased the implementation of an **Early Warning Score (EWS)-based triage quality improvement initiative** to enhance patient prioritization, escalation pathways, and emergency department workflow. Presented by **Dr Rahat Memon, Dr Noor Ayoub, Dr Aqsa Amjad, Dr Aqsa Khatoon, Dr Neha Nitya.** The Department acknowledges the continued academic leadership and support of **Dr. Mahmood Soomro**, **Head of the Department of Emergency Medicine, LUMHS**, in promoting quality improvement and patient safety in emergency care.
Photographs/Evidence	


PROJECT (QIP)
EMERGENCY DEPARTMENT
Recognition of Deteriora



PRE-CONFERENCE WORKSHOP — MURC 2026: "NEWS2 IN ACTION: EARLY RECOGNITION OF THE DETERIORATING PATIENT"

Activity 8 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**Pre-Conference Workshop — MURC 2026: "NEWS2 in Action: Early Recognition of the Deteriorating Patient"**
Date(s) of Activity:	1st–2nd September 2026
Venue:	OSPE Centre, LUMHS
Organized by:	Department of Emergency Medicine, LUMHS (MURC 2026 pre-conference activity)
Brief Description:	As part of the **MURC 2026 pre-conference activities**, the Department of Emergency Medicine, LUMHS, conducted a workshop titled **"NEWS2 in Action: Early Recognition of the Deteriorating Patient"** at the OSPE Centre, LUMHS. The workshop covered the National Early Warning Score 2 (NEWS2) and the ABCDE approach to patient assessment, and included **four hands-on stations**: IV line, SBAR, NEWS2, and airway basics The Department acknowledges the continued academic leadership and support of **Dr.** Mahmood Soomro, **Head of the Department of Emergency Medicine, LUMHS**, in promoting early recognition of clinical deterioration and hands-on skills training.
Photographs/Evidence	


MEDICAL UNDERGRAUATE
RESEARCH CONFERENCE
MURC 2026
NEWS2 in Action
Improving Early Detection and Timely Response to
Deterioration in the Emergency Department
PRE-WORKSHOP ORGANIZED BY
DEPARTMENT OF EMERGENCY MEDICINE





EXPO HEALTH ASIA — "EMERGENCY MEDICINE: BEYOND THE BASICS"

Activity 9 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**Expo Health Asia — "Emergency Medicine: Beyond the Basics"**
Date(s) of Activity:	10th September 2026
Venue:	Expo Centre, Karachi
Organized by:	**EMERGENCY DEPARTMENT, LUMHS**
Brief Description:	The Department of Emergency Medicine, LUMHS, took part in **Expo Health Asia** with a session titled **"Emergency Medicine: Beyond the Basics"**, held on 10th September 2026 at the Expo Centre, Karachi. The Department acknowledges the continued academic leadership and support of **Dr. Mahmood Soomro**, **Head of the Department of Emergency Medicine, LUMHS**, in promoting the visibility of emergency medicine and professional engagement at the national level.

Photographs/Evidence



HOSPITAL-WIDE TRAINING — PATIENT SAFETY WEEK

Activity 10 — Activity Detail	
Department/Section:	The Department of Emergency Medicine, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**Hospital-wide Training — Patient Safety Week**
Date(s) of Activity:	15th–17th September 2026
Venue:	Seminar Hall, LMCH, Hyderabad
Organized by:	The Department of Emergency Medicine
Brief Description:	The Department of Emergency Medicine organized a **three-day hospital-wide training** during **Patient Safety Week** from 15th to 17th September 2026 at the Seminar Hall, LMCH, Hyderabad. **Paramedics, nurses, and doctors** from across the hospital were trained. Topics and facilitators: Dr Neha Nitya, Dr Majid, Dr Azhar, Dr Bilal and postgraduate residents. The Department acknowledges the continued academic leadership and support of **Dr. Mahmood Soomro**, **Head of the Department of Emergency Medicine, LUMHS**, in promoting patient safety and a culture of teamwork across the hospital.

Photographs/Evidence









MEDICAL ONCOLOGY

WORLD CANCER DAY

ACTIVITY DETAILS	
Department/Section	Medical Oncology
Activity Title	World Cancer Day
Date(s) of Activity	4 February 2026
Venue	LUMHS Health Services Hospital, Jamshoro
Organized By	Department of Medical Oncology, LUMHS
Brief Description	In commemoration of World Cancer Day, the Department of Medical Oncology, LUMHS, organized an awareness walk from the LUMHS Central Mosque to the LUMHS Main Gate. The event was graced by the presence of the Worthy Vice Chancellor, Prof. Dr. Ikram Ddin Ujjan, who led an awareness session alongside Dr. Sorath Bhutto, Consultant Medical Oncologist and Department Incharge. The session highlighted the significance of cancer awareness, early detection, timely diagnosis, and access to appropriate treatment, reaffirming LUMHS commitment to public health education and community well-being.
PHOTOGRAPHS/EVIDENCE	

BREAST MULTI DISCIPLINARY TUMOR MEETING

ACTIVITY DETAILS	
Department/Section	Medical Oncology
Activity Title	BREAST MULTI DISCIPLINARY TUMOR MEETING
Date(s) of Activity	14TH MARCH 2026
Venue	Breast Surgery Ward LUMHS JAMSHORO
Brief Description	A Breast Surgery Multidisciplinary Tumor Board meeting was held to discuss complex breast cancer cases requiring medical oncologist input. The session supported individualized, resource-conscious treatment planning, improved multidisciplinary coordination, and contributed to better patient outcomes.
PHOTOGRAPHS/EVIDENCE	

BREAST MULTI DISCIPLINARY TUMOR MEETING

ACTIVITY DETAILS	
Department/Section	Medical Oncology
Activity Title	BREAST MULTI DISCIPLINARY TUMOR MEETING
Date(s) of Activity	20/5/2026
Venue	Breast Surgery Ward LUMHS JAMSHORO
Organized By	*Breast Surgery Ward LUMHS JAMSHORO*
Brief Description	A Breast Surgery Multidisciplinary Tumor Board meeting was held to discuss complex breast cancer cases requiring medical oncologist input. The session supported individualized, resource-conscious treatment planning, improved multidisciplinary coordination, and contributed to better patient outcomes.
PHOTOGRAPHS/EVIDENCE	

BREAST MULTI DISCIPLINARY TUMOR MEETING

ACTIVITY DETAILS	
Department/Section	Medical Oncology
Activity Title	BREAST MULTI DISCIPLINARY TUMOR MEETING
Date(s) of Activity	2/7/2026
Venue	LUMHS HEALTH SERVICES HOSPITAL LUMHS JAMSHORO
Organized By	Dept of Medical Oncology LUMHS JAMSHORO
Brief Description	A Breast Surgery Multidisciplinary Tumor Board meeting was held to discuss complex breast cancer cases requiring medical oncologist input. The session supported individualized, resource-conscious treatment planning, improved multidisciplinary coordination, and contributed to better patient outcomes.
PHOTOGRAPHS/EVIDENCE	

BREAST MULTI DISCIPLINARY TUMOR MEETING

ACTIVITY DETAILS	
Department/Section	Medical Oncology
Activity Title	BREAST MULTI DISCIPLINARY TUMOR MEETING
Date(s) of Activity	22/9/2026
Venue	Breast Surgery Ward LUMHS JAMSHORO
Organized By	*Breast Surgery Ward LUMHS Jamshoro*
Brief Description	A Breast Surgery Multidisciplinary Tumor Board meeting was held to discuss complex breast cancer cases requiring medical oncologist input. The session supported individualized, resource-conscious treatment planning, improved multidisciplinary coordination, and contributed to better patient outcomes.
PHOTOGRAPHS/EVIDENCE	

PRE-CONFERENCE ONE-DAY SYMPOSIUM: "BEYOND LIVER NODULE – NAVIGATING HEPATOMA FROM RISK TO SYSTEMIC THERAPY"

ACTIVITY DETAILS	
Department/Section	Medical Oncology
Activity Title	Pre-Conference One-Day Symposium: "Beyond Liver Nodule – Navigating Hepatoma from Risk to Systemic Therapy"
Date(s) of Activity	Friday, 16 October 2026 (9:00 AM – 12:00 PM)
Venue	MRC Seminar Hall, ORIC, LUMHS, Jamshoro
Organized By	Department of Medical Oncology, LUMHS Jamshoro (National Cancer Conference 2026)
Brief Description	The Department of Medical Oncology, LUMHS Jamshoro, organized a one-day pre-conference symposium on hepatocellular carcinoma (HCC) as part of the National Cancer Conference 2026, held from 9:00 AM to 12:00 PM. Prof. Dr. Ikram Din Ujjan, Vice Chancellor, LUMHS, was the Chief Guest, with Prof. Dr. Imran Ali Shaikh (Dean Medicine & Allied) and Prof. Dr. Altaf Ahmed Talpur (Dean Surgery & Allied) as Guests of Honor. Prof. Dr. Binafsha Manzoor Syed, Director ORIC, facilitated; Dr. Sorath Bhutto, Consultant Medical Oncologist, was the organizer; and Dr. Sindh Soneti Bhutto, Consultant Dermatologist, moderated. The multidisciplinary programme covered HCC clinical presentation, diagnosis and staging (gastroenterologist's perspective), the radiologist's overview of HCC treatment in Pakistan, surgical approaches, systemic therapy in HCC including patients with decompensated chronic liver disease (DCLD), psycho-oncology in clinical practice, and the bevacizumab biosimilar era. The session concluded with Q&A and take-home messages.

PHOTOGRAPHS/EVIDENCE

24TH INTERNATIONAL PSYCHIATRIC CONFERENCE

ACTIVITY DETAILS	
Department/Section	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title	**24th International Psychiatric Conference**
Date(s) of Activity	2nd–3rd January 2025
Venue	Serena Hotel, Islamabad
Organized By	Global Research & Innovation in Psychiatry (GRID), Rawalpindi Medical University
Brief Description	The participation of **POSTGRADUATE RESIDENTS (PGS) OF THE DEPARTMENT OF PSYCHIATRY, LUMHS** provided valuable exposure to current psychiatric practices, research developments, expert-led academic discussions, and professional networking at the national level. Such participation contributes significantly to the continuing academic development of postgraduate trainees and encourages their engagement with research, evidence-based clinical practice, and broader developments in mental healthcare. The Department acknowledges the leadership and continued academic support of **Dr. Jamil Junejo, Chairman and Head of the Department of Psychiatry, LUMHS**, in promoting academic excellence, research, and professional development among postgraduate trainees.

PHOTOGRAPHS/EVIDENCE



OLANZIA PSYCH QUEST — PRESENTATION COMPETITION

ACTIVITY DETAILS	
Department/Section	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title	Olanzia Psych Quest — Presentation Competition
Date(s) of Activity	29th May 2025
Venue	Conference Hall, Ward 11-A (CJIP), Hyderabad
Organized By	Werrick Pharmaceuticals
Brief Description	The Department of Psychiatry, LUMHS, organized the **OLANZIA PSYCH QUEST**, an academic competition focused on **BIPOLAR DISORDER**. The activity encouraged postgraduate residents to strengthen their psychiatric knowledge, clinical understanding, critical thinking, and presentation skills. The **BEST PRESENTER WAS AWARDED A GIFT** in recognition of their performance. The Department acknowledges the continued academic leadership and support of **DR. JAMIL JUNEJO, HEAD OF THE DEPARTMENT OF PSYCHIATRY, LUMHS**, in promoting engaging academic activities and postgraduate development.

PHOTOGRAPHS/EVIDENCE



ACADEMIC SESSION — SUICIDE PREVENTION

ACTIVITY DETAILS	
Department/Section	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title	Academic Session — Suicide Prevention
Date(s) of Activity	26th September 2025
Venue	Conference Hall, Ward 11-A (CJIP), Hyderabad
Organized By	The Department of Psychiatry
Brief Description	The Department of Psychiatry, LUMHS, conducted an academic session on **SUICIDE PREVENTION**, featuring presentations by **DR. UROOJ DIN, DR. ASJAD GUL, AND HOUSE OFFICER DR. ALMAS**. The session focused on suicide risk assessment, warning signs, risk and protective factors, and preventive strategies, while promoting clinical knowledge, communication, and teaching skills among trainees. The Department acknowledges the contributions of the presenters and the continued academic leadership and support of **DR. JAMIL JUNEJO, HEAD OF THE DEPARTMENT OF PSYCHIATRY, LUMHS**, in fostering academic learning and professional development.
PHOTOGRAPHS/EVIDENCE	



HEALING YOUNG MINDS: STRATEGIES FOR ADOLESCENT EMOTIONAL WELLBEING & SUICIDE PREVENTION

ACTIVITY DETAILS	
Department/Section	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title	Workshop — "Healing Young Minds: Strategies for Adolescent Emotional Wellbeing & Suicide Prevention"
Date(s) of Activity	10th October 2025
Venue	Conference Hall, Ward 11-A (CJIP), Hyderabad
Organized By	The Department of Psychiatry
Brief Description	The Department of Psychiatry, LUMHS, organized a workshop on **ADOLESCENT MENTAL HEALTH AND SUICIDE PREVENTION**, conducted by **DR. AATIR HANIF RAJPOOT, ASSISTANT PROFESSOR OF PSYCHIATRY, LUMHS**. The workshop focused on early recognition of emotional distress, suicide risk assessment, preventive strategies, and timely intervention, enhancing postgraduate residents' clinical understanding and skills in adolescent mental healthcare. The Department appreciates Dr. Aatir Hanif Rajpoot for sharing his expertise and acknowledges the continued academic leadership and support of **DR. JAMIL JUNEJO, HEAD OF THE DEPARTMENT OF PSYCHIATRY, LUMHS**, in promoting postgraduate learning and professional development.

PHOTOGRAPHS/EVIDENCE



ACTIVITY DETAILS	
Department/Section	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title	World Mental Health Day 2025
Date(s) of Activity	15th October 2025
Venue	Latif Hall, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro
Organized By	The Department of Psychiatry
Brief Description	The Department of Psychiatry, LUMHS, Jamshoro, commemorated **WORLD MENTAL HEALTH DAY 2025** on **15TH OCTOBER 2025 AT LATIF HALL, LUMHS**. The event promoted mental health awareness, early recognition, access to care, and the reduction of stigma surrounding mental illness. Postgraduate residents and faculty members actively contributed to the awareness initiative, highlighting the importance of mental-health advocacy and community education. The Department acknowledges the participation of its PG residents and faculty and appreciates the continued leadership and support of **DR. JAMIL JUNEJO, HEAD OF THE DEPARTMENT OF PSYCHIATRY, LUMHS**, in promoting mental-health awareness and academic development.

WORLD MENTAL HEALTH DAY 2025

PHOTOGRAPHS/EVIDENCE


26TH NATIONAL PSYCHIATRIC CONFERENCE — PAKISTAN PSYCHIATRIC SOCIETY

ACTIVITY DETAILS	
Department/Section	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title	26th National Psychiatric Conference — Pakistan Psychiatric Society
Date(s) of Activity	31st October – 2nd November 2025
Venue	Mövenpick Hotel, Karachi
Organized By	Pakistan Psychiatric Society (PPS)
Brief Description	The Department of Psychiatry, LUMHS, participated in the **26TH NATIONAL PSYCHIATRIC CONFERENCE OF THE PAKISTAN PSYCHIATRIC SOCIETY (PPS)**, held from **31ST OCTOBER TO 2ND NOVEMBER 2025 AT MÖVENPICK HOTEL, KARACHI**, under the theme *"Breaking Barriers, Building Resilience."* The conference provided postgraduate residents with valuable exposure to contemporary psychiatric developments, research, and professional networking. A key highlight was the participation of **LUMHS PSYCHIATRY PGS IN THE "DOCTORS GOT TALENT" SKIT**, showcasing their creativity, teamwork, confidence, and talents beyond clinical practice. Their participation reflected the Department's commitment to academic growth, professional development, and holistic trainee engagement.

PHOTOGRAPHS/EVIDENCE



1ST INTERNATIONAL CHILD & ADOLESCENT PSYCHIATRY CONFERENCE — CHILD PSYCON 2025

ACTIVITY DETAILS	
Department/Section	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title	1st International Child & Adolescent Psychiatry Conference — Child PSYCON 2025
Date(s) of Activity	28th–29th November 2025
Venue	King Edward Medical University (KEMU), Lahore & Pakistan Psychiatric Research Centre/Fountain House, Lahore
Organized By	King Edward Medical University (KEMU)
Brief Description	The Department of Psychiatry, LUMHS, participated in the **1ST INTERNATIONAL CHILD & ADOLESCENT PSYCHIATRY CONFERENCE (CHILD PSYCON 2025)**, held on **28TH–29TH NOVEMBER 2025 IN LAHORE**, under the leadership of **DR. AATIR H. RAJPOOT**, who accompanied the postgraduate residents. A major achievement was secured by **DR. NAKASH CHANNA, POSTGRADUATE RESIDENT, LUMHS**, who won **3RD PLACE IN THE RESEARCH POSTER PRESENTATION COMPETITION**. The conference provided valuable opportunities for research dissemination, academic exchange, and professional development in child and adolescent psychiatry, reflecting the Department's commitment to academic excellence and research advancement.

Photograph/Evidence


SEMINAR — "BASICS OF PSYCHODERMATOLOGY & PSYCHOLOGICAL DIMENSIONS OF SKIN DISEASE"

ACTIVITY DETAILS	
Department/Section	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title	Seminar — "Basics of Psychodermatology & Psychological Dimensions of Skin Disease"
Date(s) of Activity	6th April 2026
Venue	IT Hall, Postgraduate Centre, LUMHS, Jamshoro
Organized By	Department of Psychiatry, LUMHS
Brief Description	The Department of Psychiatry, LUMHS, organized a specialized seminar titled **"BASICS OF PSYCHODERMATOLOGY: PSYCHOLOGICAL DIMENSIONS OF SKIN DISEASE"** on **6TH APRIL 2026 AT THE IT HALL, POSTGRADUATE CENTRE, LUMHS**. The session was delivered by **DR. MUHAMMAD JAFFERANY, PROFESSOR OF PSYCHODERMATOLOGY, PSYCHIATRY AND BEHAVIORAL SCIENCES AT CENTRAL MICHIGAN UNIVERSITY COLLEGE OF MEDICINE**. The seminar highlighted the relationship between psychological wellbeing and skin diseases, psychiatric comorbidities, and the importance of a multidisciplinary biopsychosocial approach. It provided postgraduate residents with valuable insights into psychodermatology and its clinical applications. The Department gratefully acknowledges Dr. Jafferany for sharing his expertise and enriching the academic learning experience of the trainees.

Photograph/Evidence


TRAINING SESSION WITH GENERAL PRACTITIONERS

Activity	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	Training Session with General Practitioners
Date(s) of Activity:	18th April 2026
Venue:	Mirpurkhas
Organized by:	GoS
Brief Description:	The Department of Psychiatry, LUMHS, conducted a **TRAINING SESSION FOR GENERAL PRACTITIONERS (GPS)** in **MIRPURKHAS ON 18TH APRIL 2026**, led by **DR. JAMIL JUNEJO, HEAD OF THE DEPARTMENT OF PSYCHIATRY, LUMHS**, with the participation of **DR. RAZA, SENIOR REGISTRAR, PSYCHIATRY**. The session focused on the recognition and initial management of common psychiatric conditions in primary care, appropriate referral, and strengthening collaboration between general practitioners and psychiatric services. The Department appreciates the contributions of both facilitators and acknowledges Dr. Jamil Junejo's leadership in promoting mental-health education and capacity-building at the primary-care level.
Photographs/Evidence	



PLEASE PAIN, THE BRAIN: THE SCIENCE OF DRUG DEPENDENCE

Activity	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	Symposium — "Please Pain, The Brain: The Science of Drug Dependence"
Date(s) of Activity:	9th May 2026
Venue:	Arena, Karsaz, Karachi
Brief Description:	The Department of Psychiatry, LUMHS, participated in the symposium **"PLEASE PAIN, THE BRAIN: THE SCIENCE OF DRUG DEPENDENCE"**, held on **9TH MAY 2026 AT ARENA, KARSAZ, KARACHI**. The event explored the neurobiological and clinical aspects of drug dependence and substance-use disorders. The **POSTGRADUATE RESIDENTS (PGS) OF LUMHS PSYCHIATRY** participated in the quiz competition, demonstrating their engagement with addiction psychiatry and academic learning. The Department acknowledges the residents' efforts and appreciates the continued leadership and support of **DR. JAMIL JUNEJO, HEAD OF THE DEPARTMENT OF PSYCHIATRY, LUMHS**, in promoting academic excellence and professional development.

Photographs/Evidence



TRAINING SESSION FOR SENIOR PHYSICIANS

Activity 11 — Activity Detail	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	TRAINING SESSION FOR SENIOR PHYSICIANS
Date(s) of Activity:	17th May 2026
Venue:	Thatta City
Organized by:	GoS
Brief Description:	The Department of Psychiatry, LUMHS, conducted a **TRAINING SESSION FOR SENIOR PHYSICIANS IN THATTA ON 17TH MAY 2026**, facilitated by **DR. JAMIL JUNEJO, HEAD OF THE DEPARTMENT OF PSYCHIATRY, AND DR. ADEEL MEMON, SENIOR REGISTRAR**. The session focused on recognizing and managing common psychiatric presentations in general medical practice, promoting early intervention, timely referral, and collaboration between psychiatry and general medicine.
Photographs/Evidence	



QUETIAPINE VS. RISPERIDONE

Activity	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	Seminar: “Quetiapine vs. Risperidone”
Date(s) of Activity:	22nd May 2026
Venue:	Conference Hall, Ward 11-A (CJIP), Hyderabad
Organized by:	
Brief Description:	The Department of Psychiatry, LUMHS, conducted an academic seminar titled **“QUETIAPINE VS. RISPERIDONE”** on **22ND MAY 2026**, presented by **DR. ABID MUNIR, R3**. The seminar compared the two second-generation antipsychotics, covering their mechanisms of action, clinical indications, efficacy, dosing, adverse effects, and prescribing considerations. The session promoted evidence-based psychopharmacology, rational prescribing, and individualized treatment approaches, contributing to the ongoing academic development of postgraduate residents.
Photographs/Evidence	


EvoKaLM
EvoKaLM

BALANCING CLINICAL DEMANDS: TIME MANAGEMENT, STRESS CONTROL & BURNOUT PREVENTION"

Activity	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	"BALANCING CLINICAL DEMANDS: TIME MANAGEMENT, STRESS CONTROL & BURNOUT PREVENTION"
Date(s) of Activity:	9th July 2026
Venue:	Latif Hall, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro
Organized by:	Department of Psychiatry
Brief Description:	The Department of Psychiatry, LUMHS, organized a workshop titled **"BALANCING CLINICAL DEMANDS: TIME MANAGEMENT, STRESS CONTROL & BURNOUT PREVENTION"** on **9TH JULY 2026 AT LATIF HALL, LUMHS**, facilitated by **PROF. DR. IQBAL AFRIDI**. The workshop focused on effective time management, occupational stress management, burnout prevention, work–life balance, and sustainable coping strategies. It aimed to strengthen resilience, wellbeing, and ability to manage the demands of clinical and academic responsibilities.
Photographs/Evidence	


Balancing Clinical Demands: Time & Stress & Preventing Burnout
DISTINGUISHED SPEAKER WORKSHOP
Balancing Clinical Demands:
Time Management, Stress Control,
Professor M
had Iqbal Afridi (TI)
Thursday, 9th July
IT Hall Post Gra
HS Jamshore
ORGANIZED
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Zoloft

LIFESPAN HEALTH & MENTAL WELLBEING SYMPOSIUM 2026

Activity	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**LIFESPAN HEALTH & MENTAL WELLBEING SYMPOSIUM 2026**
Date(s) of Activity:	16th July 2026
Venue:	Latif Hall, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro
Organized by:	Centre for Psychosocial and Academic Wellbeing, LUMHS
Brief Description:	The **LIFESPAN HEALTH & MENTAL WELLBEING SYMPOSIUM 2026**, organized by the **CENTRE FOR PSYCHOSOCIAL AND ACADEMIC WELLBEING, LUMHS**, was held on **16TH JULY 2026 AT LATIF HALL, LUMHS**, under the theme *"Beyond Disciplines, Beyond Age."* The event was held under the patronage of **PROF. DR. IKRAM DIN UJJAN, VICE CHANCELLOR, LUMHS**, and brought together experts from multiple healthcare disciplines to discuss physical and mental wellbeing across the lifespan. The scientific programme featured **PROF. DR. M. IQBAL AFRIDI (TI)** as Chair and thematic speaker, while **PROF. DR. RAZA-UR-REHMAN** delivered the keynote lecture on student mental health. Delegates from Aga Khan University Hospital also contributed to discussions on child development, women's mental health, and healthy ageing. The symposium included mental-health screening, interactive wellbeing activities, educational games, and three pre-symposium workshops on healthy digital habits, neurodevelopmental care, and Psychological First Aid. The event promoted **MULTIDISCIPLINARY COLLABORATION, PREVENTIVE MENTAL HEALTHCARE, AND HOLISTIC WELLBEING** among students, trainees, and healthcare professionals.
Photographs/Evidence	






Take WHAT YOU Need
Hope
Humility
Confidence
Peace
Love
Kindness
STROOP Battle
DON'T SAY THE COLOR!



ATTENTION DEFICIT/HYPERACTIVITY DISORDER (ADHD)

Activity	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**PRE-CONFERENCE WORKSHOP — MURC 2026** **TOPIC:** *Attention Deficit/Hyperactivity Disorder (ADHD)*
Date(s) of Activity:	30th July 2026
Venue:	Conference Hall, Ward 11-A (CJIP), Hyderabad
Organized by:	The Department of Psychiatry
Brief Description:	As part of the **MURC 2026 PRE-CONFERENCE ACADEMIC ACTIVITIES**, the Department of Psychiatry, LUMHS, conducted a workshop on **ATTENTION DEFICIT/HYPERACTIVITY DISORDER (ADHD)** on **30TH JULY 2026 AT CJIP, HYDERABAD**, facilitated by **DR. AZIZ MEMON**. The workshop covered ADHD recognition, clinical assessment, developmental history, functional impairment, comorbidities, and evidence-based management. It provided participants and postgraduate trainees with valuable insights into neurodevelopmental disorders, diagnostic reasoning, and clinical practice in child and adolescent psychiatry.
Photographs/Evidence	



USING AI SKILLS FOR HEALTH PROFESSION EDUCATION

ACTIVITY	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**PRE-CONFERENCE WORKSHOP — MURC 2026** **TITLE:** *"Using AI Skills for Health Profession Education"*
Date(s) of Activity:	1st September 2026
Venue:	IT Hall, Postgraduate Centre, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro
Organized by:	The Department of Psychiatry

Brief Description:	As part of **MURC 2026 PRE-CONFERENCE ACTIVITIES**, a workshop titled **"USING AI SKILLS FOR HEALTH PROFESSION EDUCATION"** was held on **1ST SEPTEMBER 2026 AT THE IT HALL, POSTGRADUATE CENTRE, LUMHS**. The session was moderated by **DR. RAVEENA (R1) AND DR. ASJAD GUL (R2)** from the Department of Psychiatry, LUMHS. The workshop explored the applications of artificial intelligence in medical teaching, learning, assessment, research, and educational content development, emphasizing ethical use, academic integrity, and professional judgment. It highlighted the potential of AI to support innovative, effective, and responsible approaches to health professions education.
Photographs/Evidence	




TOSHIBA

RESEARCH INTEGRITY

Activity	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**PRE-CONFERENCE WORKSHOP — MURC 2026** **TITLE:** *"Research Integrity"*
Date(s) of Activity:	2nd September 2026
Venue:	Medical Research Centre (MRC), Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro
Organized by:	The Department of Psychiatry
Brief Description:	As part of the **MURC 2026 PRE-CONFERENCE ACTIVITIES**, a workshop on **"RESEARCH INTEGRITY"** was conducted on **2ND SEPTEMBER 2026 AT THE MEDICAL RESEARCH CENTRE (MRC), LUMHS**, moderated by **DR. ASJAD GUL (R2), DEPARTMENT OF PSYCHIATRY, LUMHS**. The workshop emphasized ethical and responsible research practices, covering research ethics, plagiarism, authorship, data integrity, conflicts of interest, publication ethics, and transparent reporting. It aimed to promote scientific responsibility and strengthen participants' understanding of ethical research conduct, particularly among undergraduate researchers and early-career healthcare professionals.
Photographs/Evidence	



MEDICAL UNDERGRADUATE RESEARCH CONFERENCE (MURC) 2026

Activity	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**MEDICAL UNDERGRADUATE RESEARCH CONFERENCE (MURC) 2026**
Date(s) of Activity:	3rd–6th September 2026
Venue:	Latif Hall, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro
Organized by:	Liaquat University of Medical & Health Sciences (LUMHS).
Brief Description:	The **LUMHS POSTGRADUATE SYMPOSIUM 2026**, held on **3RD SEPTEMBER AT LATIF HALL**, provided a platform for discussions on research ethics, clinical research, postgraduate examinations, and professional development. The conference also featured **MURC QUEST 2.0**, a team-based competition focused on research methodology, critical appraisal, biostatistics, and scientific writing. Held under the patronage of **PROF. DR. IKRAM DIN UJJAN, VICE-CHANCELLOR, LUMHS**, the conference provided valuable opportunities for postgraduate residents of Psychiatry to engage in interdisciplinary learning, research activities, and academic collaboration. **DR. AATIR RAJPUT, ASSISTANT PROFESSOR, DEPARTMENT OF PSYCHIATRY, LUMHS**, served as Co-Secretary of the conference.
Photographs/Evidence	




RESEARCH CONFERENCE
PROF. DR. SANA MIRZA









PM+ MASTER TRAINING WORKSHOP — RMU TEAM

Activity	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**PM+ MASTER TRAINING WORKSHOP — RMU TEAM**
Date(s) of Activity:	14th–17th September 2026
Venue:	Medical Research Centre (MRC), LUMHS, Jamshoro
Organized by:	Department of Psychiatry and Behavioral Sciences, LUMHS Institute of Psychiatry, Rawalpindi Medical University (RMU)
Brief Description:	The Department of Psychiatry and Behavioral Sciences, LUMHS, hosted a **FOUR-DAY MASTER TRAINER WORKSHOP ON PROBLEM MANAGEMENT PLUS (PM+)** from **14TH–17TH SEPTEMBER 2026** at the Medical Research Centre, Jamshoro, in collaboration with the **INSTITUTE OF PSYCHIATRY, RAWALPINDI MEDICAL UNIVERSITY (RMU)**. The workshop provided practical training to **40 PARTICIPANTS**, focusing on the implementation of evidence-based psychological interventions, communication, problem-solving, and mental-health capacity building. PM+, developed by the World Health Organization, is a brief psychological intervention designed to address common mental-health problems, particularly in settings with limited specialist resources. The workshop strengthened professional competencies and inter-institutional collaboration to expand access to psychological support in Pakistan. **SPECIAL THANKS TO DR. JAMIL JUNEJO, HEAD OF THE DEPARTMENT OF PSYCHIATRY, LUMHS**, for his leadership and continued support in facilitating this academic and capacity-building initiative.
Photographs/Evidence	



PAKISTAN PSYCHIATRY LEAGUE — SEASON 2

Activity 20 — Activity Detail	
Department/Section:	The Department of Psychiatry, Liaquat University of Medical & Health Sciences (LUMHS).
Activity Title:	**PAKISTAN PSYCHIATRY LEAGUE — SEASON 2** Psychiatry Quiz Competition
Date(s) of Activity:	22nd September 2026
Venue:	Getz Pharma Limited Office, Karachi
Organized by:	The Department of Psychiatry
Brief Description:	The **LUMHS PSYCHIATRY TEAM** participated in **SEASON 2 OF THE PAKISTAN PSYCHIATRY LEAGUE** on **22ND SEPTEMBER 2026** at Getz Pharma Limited, Karachi, securing the **RUNNER-UP POSITION** in the psychiatry quiz competition. The event provided postgraduate residents with an opportunity to demonstrate their psychiatric knowledge, clinical reasoning, and teamwork in a competitive academic setting. This achievement highlights the team's academic commitment and the department's efforts to promote postgraduate learning and inter-institutional engagement. **SPECIAL THANKS TO DR. JAMIL JUNEJO, HEAD OF THE DEPARTMENT OF PSYCHIATRY, LUMHS**, for his continued leadership, encouragement, and support in promoting academic excellence among postgraduate residents.
Photographs/Evidence	


PSYCHIATRY
SEASON 2
PSYCHIATRY

INAUGURATION OF PEDIATRIC GASTROENTEROLOGY & ENDOSCOPY SUITE

Activity Detail	
Department/Section:	Department of Pediatrics, Unit-I
Activity Title:	Inauguration
Date(s) of Activity:	8 October 2026
Venue:	Department of Pediatrics, Unit-I
Organized by:	Department of Pediatrics, Unit-I
Brief Description:	The Department of Pediatrics, Unit-I (Ward 8), Liaquat University of Medical & Health Sciences (LUMHS), proudly inaugurated the Pediatric Gastroenterology & Endoscopy Suite on 8 October 2026. The ceremony was graced by the Worthy Vice Chancellor, Prof. Dr. Ikramuddin Ujjan, as the Chief Guest. The event was attended by all Deans, the Medical Superintendent (MS) of Liaquat University Hospital, and the faculty members and Medical Officers (MOs) of the Department of Pediatrics. This specialized facility is a significant milestone in pediatric healthcare, described as the first of its kind in the public sector in Sindh outside Karachi. It aims to improve access to specialized diagnostic and therapeutic services for children, particularly those from underprivileged backgrounds. On this occasion, plans were also announced to initiate Fellowship Programs in Pediatric Gastroenterology and Pediatric Neurology at the Department of Pediatrics, LUMHS. These programs are expected to contribute to postgraduate medical education, specialist training, and the advancement of pediatric healthcare services. This initiative reflects LUMHS's continued commitment to strengthening specialized medical services and making quality healthcare more accessible to children in Sindh.

Photograph/Evidence

