

LIAQUAT UNIVERSITY OF MEDICAL & HEALTH SCIENCES

ACTIVITY REPORT

ACTIVITY DETAILS ACTIVITY-01	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Pakistan Endocrine Mini Symposium: Holistic Approach to Endocrine Disorders
Date(s) of Activity	Thursday, 09 th October 2025
Venue	MRC Auditorium, LUMHS, Jamshoro
Organized By	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Brief Description	An academic symposium focused on a holistic, multidisciplinary approach to the diagnosis, management, and prevention of endocrine disorders, promoting evidence-based clinical practice and knowledge sharing among healthcare professionals.

PHOTOGRAPHS/EVIDENCE



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ACTIVITY REPORT

ACTIVITY DETAILS ACTIVITY-02	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	World Diabetes Day
Date(s) of Activity	Wednesday, 19 th November 2025
Venue	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Organized By	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Brief Description	Commemorated World Diabetes Day 2025 to raise awareness about diabetes prevention, early diagnosis, and effective management through educational activities and community awareness initiatives.
PHOTOGRAPHS/EVIDENCE	
	

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ACTIVITY REPORT

ACTIVITY DETAILS ACTIVITY-03	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Inauguration of Obesity Clinic
Date(s) of Activity	Wednesday, 19 th November 2025
Venue	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Organized By	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Brief Description	Inauguration of the Obesity Clinic by the Worthy Vice Chancellor, LUMHS, to provide specialized, comprehensive, and multidisciplinary care for patients with obesity, including assessment, management, and prevention of obesity-related complications.
PHOTOGRAPHS/EVIDENCE	
	

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ACTIVITY DETAILS ACTIVITY-04	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Participation in Free Medical Camp at Manchar Lake
Date(s) of Activity	Sunday, 23 rd November 2025
Venue	Manchar Lake, Bhan Saeedabad
Organized By	Department of Endocrinology & Diabetes, LUMHS, Jamshoro Department of Community Medicine, LUMHS, Jamshoro
Brief Description	Department of Endocrinology & Diabetes, LUMHS, participated in a free medical camp organized in collaboration with the Department of Community Medicine at Manchar Lake, providing medical consultations, diabetes screening, and health awareness services to the local community.
PHOTOGRAPHS/EVIDENCE	
	

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ACTIVITY DETAILS ACTIVITY-05	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Representation of LUMHS at Pakistan’s First Obesity Masterclass, Multan.
Date(s) of Activity	January 2026
Venue	Multan, Punjab
Organized By	Health Care Professionals
Brief Description	Represented LUMHS at Pakistan’s first Obesity Masterclass held in Multan in January 2026, aimed at enhancing healthcare professionals’ knowledge and skills in the evidence-based assessment and management of obesity.

PHOTOGRAPHS/EVIDENCE



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ACTIVITY DETAILS ACTIVITY-06	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Diabetes & Ramadan Symposium
Date(s) of Activity	March 2026
Venue	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Organized By	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Brief Description	Organized an educational symposium to enhance healthcare professionals' knowledge of safe diabetes management during Ramadan, including risk assessment, medication adjustment, and fasting-related precautions.

PHOTOGRAPHS/EVIDENCE



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ACTIVITY DETAILS ACTIVITY-07	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Representation of LUMHS at the Cardiometabolic Conference, Larkana (Invited Speaker: Dr. Muhammad Saleem Khan)
Date(s) of Activity	Saturday, 25 th April 2026
Venue	SICVD, Larkana
Organized By	Pakistan Cardiac Society
Brief Description	Represented LUMHS at the Cardiometabolic Conference in Larkana, where Dr. Muhammad Saleem Khan participated as an invited speaker, sharing expert knowledge on cardiometabolic disorders and their clinical management.
PHOTOGRAPHS/EVIDENCE	
	

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ACTIVITY REPORT

ACTIVITY DETAILS ACTIVITY-08	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Invited Lecture on Thyroid Disorders by Dr. Muhammad Saleem Khan at Isra University
Date(s) of Activity	Saturday, 16 th May 2026
Venue	ISRA University, Hyderabad
Organized By	ISRA University, Hyderabad
Brief Description	Dr. Muhammad Saleem Khan delivered an invited lecture on Thyroid Disorders at Isra University, highlighting their clinical presentation, diagnosis, and evidence-based management.
PHOTOGRAPHS/EVIDENCE	
	

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ACTIVITY REPORT

ACTIVITY DETAILS ACTIVITY-09	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Workshop on Continuous Glucose Monitoring CGM
Date(s) of Activity	Wednesday, 20 th May 2026
Venue	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Organized By	Abott Pharmaceuticals
Brief Description	Conducted a hands-on workshop on Continuous Glucose Monitoring (CGM) to enhance healthcare professionals' knowledge and practical skills in glucose monitoring, data interpretation, and optimizing diabetes management.
PHOTOGRAPHS/EVIDENCE	
	

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ACTIVITY REPORT

ACTIVITY DETAILS ACTIVITY-10	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Awareness Session on World Thyroid Day-2026
Date(s) of Activity	Friday, 22 nd May 2026
Venue	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Organized By	Pakistan Endocrine Society
Brief Description	Commemorated World Thyroid Day to raise awareness about Thyroid Disorders, emphasizing early diagnosis, appropriate treatment, and the importance of thyroid health through educational activities.
PHOTOGRAPHS/EVIDENCE	
 The image is a composite of two parts. On the left is a promotional poster for the 'WORLD THYROID DAY AWARENESS SESSION'. The poster features the Liaquat University of Medical & Health Sciences logo, the Pakistan Endocrine Society logo, and a QR code. It lists the date as Friday, 22 May 2026, at 10:00 AM Pakistan Time. The session is for General Public and Health Care Professionals. The speakers listed are Dr. Mubina Ali Sheikh, Dr. Muhammad Saleem Khan, and Prof. Dr. Nadeem Farhan Khan. The session highlights include understanding thyroid disorders, recognizing symptoms early, latest updates in diagnosis & treatment, importance of regular check-ups, and a Q&A session with experts. The poster also mentions the venue as Sindh Institute of Endocrinology & Diabetes (SIED), LUMHS, Jamshoro. On the right is a photograph of the awareness session in progress. A group of people, including men and women, are seated in a room, facing a screen that displays the session content. A man in a suit is standing and speaking to the audience.	

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ACTIVITY DETAILS ACTIVITY-11	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Invited Speaker at the Continuous Glucose Monitoring (CGM) Workshop, Indus Hotel, Hyderabad
Date(s) of Activity	Saturday, 13 th June 2026
Venue	Indus Hotel, Hyderabad, Sindh
Organized By	PharmEvo Pharmaceuticals
Brief Description	Dr. Muhammad Saleem Khan participated as an invited speaker at the Continuous Glucose Monitoring (CGM) Workshop held at Indus Hotel, Hyderabad, sharing expert knowledge on CGM technology and its role in optimizing diabetes management.
PHOTOGRAPHS/EVIDENCE	
	

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ACTIVITY REPORT

ACTIVITY DETAILS ACTIVITY-12	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Medicine & Allied Faculty Mega Round: Academic Session on Endocrine Hypertension and Obesity
Date(s) of Activity	Tuesday, 21 st July 2026
Venue	IT Hall, LUMHS, Jamshoro
Organized By	Faculty of Medicine & Allied Sciences, LUMHS Jamshoro
Brief Description	Delivered an academic session on endocrine hypertension and obesity during the Medicine & Allied Faculty Mega Round, Dr. Muhammad Saleem Khan, highlighting clinical evaluation and evidence-based management and with presentation by Dr. Shakeel Samjeo (MSc. Postgraduate Trainee)
PHOTOGRAPHS/EVIDENCE	
 The poster for the Liaquat University of Medical & Health Sciences (LUMHS) Jamshoro Faculty of Medicine and Allied Sciences Mega Round. It features the university logo and building. The event is titled 'MEGA ROUND' and is described as 'AN ACADEMIC PLATFORM FOR COLLABORATION, DISCUSSION & EXCELLENCE'. The date is 21st July Tuesday 2026, from 10:30 AM to 12:30 AM, at IT Hall, LUMHS, Jamshoro. The event is organized by the Faculty of Medicine and Allied Sciences, LUMHS. The agenda includes two speakers: Dr. Shakeel Samjeo (PG Endocrine) on Endocrine Hypertension and Dr. Muhammad Saleem Khan (Assistant Professor of Endocrine) on Obesity Beyond Weight Loss. The chief guest is Prof. Ikram Din Ujjan, Vice Chancellor, LUMHS. The dean of medicine and allied sciences is Professor Dr. Imran Sheikh, and the CME coordinator is Dr. Muhammad Saleem Khan. The poster also includes the motto 'Together for a Healthier Tomorrow'.  Two photographs showing the event. The left photo shows a man (Dr. Shakeel Samjeo) speaking at a podium with a Toshiba laptop. The right photo shows a man (Dr. Muhammad Saleem Khan) speaking at a podium, with a large screen in the background displaying a presentation slide titled 'When Diabetes is Not Diabetes'.	

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ACTIVITY DETAILS ACTIVITY-13	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Diabetes 360 ⁰ Wellness 2026
Date(s) of Activity	Thursday, 10 th September 2026
Venue	Congress Centre, Expo Centre, Karachi
Organized By	Liaquat University of Medical & Health Sciences, Jamshoro
Brief Description	Department of Endocrinology & Diabetes, in collaboration with the Department of Medicine, conducted the Diabetes Well Program and represented LUMHS at the Health Asia Expo promoting diabetes awareness, prevention, and effective management.
PHOTOGRAPHS/EVIDENCE	

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ACTIVITY DETAILS ACTIVITY-14	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Representation of LUMHS as Invited Speaker at Chandka Medical College: Academic Talk on Type-1 Diabetes and Diabetes Technology
Date(s) of Activity	Saturday, 19 th September 2026
Venue	Chandka Medical College, Larkana
Organized By	Chandka Medical College, Larkana
Brief Description	Represented LUMHS as an invited speaker at Chandka Medical College, delivering an academic talk on Type 1 diabetes and diabetes technology, focusing on advances in disease management and modern glucose monitoring methods.
PHOTOGRAPHS/EVIDENCE	
	

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ACTIVITY DETAILS ACTIVITY-15	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Activity Title: Polyendocrine and Metabolic Syndrome (PCOS/PMOS) Awareness Seminar
Date(s) of Activity	Friday, 25 th September 2026
Venue	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Organized By	Department of Endocrinology & Diabetes, LUMHS, Jamshoro Pakistan Endocrine Society
Brief Description	Organized an awareness seminar in collaboration with the Pakistan Endocrine Society to promote awareness, early diagnosis, and effective management of polyendocrine and metabolic disorders, including PCOS/PMOS.
PHOTOGRAPHS/EVIDENCE	
	

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ACTIVITY DETAILS ACTIVITY-16	
Department/Section	Department of Endocrinology & Diabetes, LUMHS, Jamshoro
Activity Title	Representation of LUMHS at the Pakistan Endocrine Society Session on Diabetes Prevention with Prof. Dr. Peter Schwarz, President of the International Diabetes Federation
Date(s) of Activity	Saturday, 10 th October 2026
Venue	Serena Hotel, Islamabad
Organized By	Pakistan Endocrine Society
Brief Description	Represented LUMHS at the Pakistan Endocrine Society event, participating alongside Prof. Dr. Peter Schwarz in an academic session on diabetes prevention, emphasizing evidence-based strategies for reducing diabetes risk and promoting public health awareness.

PHOTOGRAPHS/EVIDENCE

